



ACT Multicultural Community eNews

6 February 2014 – Edition 5

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Free ACTION bus services to the National Multicultural Festival this Saturday

Enjoy the food and entertainment at the National Multicultural Festival this weekend and take advantage of free ACTION bus services **all day Saturday**.

In celebration of what is one of Canberra's biggest culturally diverse events, all ACTION services on Saturday will be free!

Additional services will also run from the town centres to the City as required to supplement the Saturday timetable.

If you haven't caught an ACTION bus before, now is your opportunity to try it out for free. Bring your family and friends for a fun day out and then catch a free bus home safely and conveniently.

The Festival's hub, in the City Centre will be alight with music, dancing, cultural activities and delicious food from all corners of the world and parking will be at a premium.

ACTION's free bus services are the most convenient way to get to and from the festival on the Saturday.

Festival goers can also take advantage of the many park and ride facilities across Canberra, allowing you to combine a car trip with bus travel, saving time and money on parking.

ACTION's Blue Rapid (900 route) travels near most park and ride facilities with others serviced by local bus routes. The final services for the Saturday 900 route depart from the City Bus Station around 11 pm.

There are 15 park and ride centres in Canberra with facilities available in Belconnen, Woden, Tuggeranong and Mitchell. A range of routes service these locations throughout the week and on weekends.

For more information go to www.action.act.gov.au

Lantern-making Workshop

Learn how to make a Chinese lantern in preparation for the Lantern Festival. Adults and children welcome.

When: Saturday 8 February 2014, 1.30pm – 3.30pm

Where: Cook Community Hub, 41 Templeton St, Cook

Entry: Gold coin donation for Project Hope

Bookings **essential** to acfsevent@gmail.com or ph Jean 62547732

Lotus Wonderland – Acrobatic show for closing of the National Multicultural Festival

Blending acrobatics, magic, martial arts, music and dance, the renowned Hunan Acrobatic Art Theatre premiers 'Lotus Wonderland' – a spectacular acrobatic performance for the closing of the National Multicultural Festival.

Founded in 1959, Hunan Acrobatic Art Theatre has performed in more than 40 countries and regions, taking Hunan's traditional folk art and distinctive culture to the world. The company has also won more than 30 awards in national and international acrobatic competitions. Don't miss this one-night-only event!

When: Sunday 9 February, 7.30pm

Where: Canberra Theatre Centre

Bookings: Canberra Theatre Centre.com.au or call (02) 6275 2700

For further information: (02) 9186 1588 or 0403 651 139

Greek Glendi 2014

[Presented by the Greek Community of Canberra](#)

[Proudly sponsored by the Hellenic Club of Canberra](#)

Garema Place will once again come alive on **Sunday 9 February from 12pm to 5pm.**

Join members of the Greek Community of Canberra and all their friends in celebrating the Greek Glendi. A celebration that brings together all generations of Greek Australians in promoting the Greek culture in the broader Canberra Community.

Enjoy varieties of Greek Food and entertainment.

There will be fantastic entertainment all day, hosted by **George Kapiniaris**, including performances by the **Canberra Hellenic Dancers**, the **"Sydney All stars"** band, the **"Lykio Ellinidon Sydney"** dancing group and lots more.

Be there to take part in the "Plate Breaking Competition", the Zorba Dance-off and the Greek Sweet Tasting Competition.

Bring us your best "Baklava", "Melomakarona" & "Kourampiedes" for tasting and win a prize. Members of the public will also be able to register to participate in sweet tasting competition at the **Kafenio**.

We hope to see you with your family and friends for lunch at the Souvlaki stall, or visiting the new "Ouzo Bar" and don't leave before you taste the mouth watering **"Loukoumades"**!

Come and enjoy a great day "Greek Style"!

No Sweat Fashions - free sewing classes

No Sweat Fashions is starting its popular free sewing classes for migrants and refugees again starting in February for both new and continuing students. Anyone with basic sewing skills who are interested in improving those skills or using our well-equipped studio in Kaleen to work on their own projects are most welcome. Paid work opportunities (casual \$23-\$27 per hour) are available for those with a suitable level of sewing skill.

Visit our Open Days to learn more about No Sweat Fashions training and paid work opportunities.

The next Open Days are:

Wednesday and Thursday, Feb 12, 13, 10am-1pm

Our Studio is Located at:

Kaleen High School
104 Baldwin Drive
Kaleen, ACT

No appointment necessary--just drop in during one (or both!) days.

Terms 1 will officially start Wed/Thur Feb 19, 20, 10am-1pm. Term 1 will finish on Thursday April 11.

For more information, contact our Training Manager, Bev Roberts on bev.roberts@nosweatfashions.com, 0467 586 917 or leave a message on our answering service 6103 0968. If you provide services to migrants and refugees and would like copies of our flyer, please also contact Bev.

Visit our website at: www.nosweatfashions.com

Lantern Festival

The Lantern Festival is the final event of Chinese New Year. The site is decorated with Chinese Lanterns and lights and there are performances of Chinese traditional music, children's dances, martial arts, lion dance, a hand-made lantern competition and a lantern parade.

When: Saturday 15 February 2014, 6pm – 9 pm

Where: Commonwealth Park near Gallipoli Reach (west of the Rond Terraces, below ANZAC Parade)

Entry: Free

Bring your own lanterns or buy one there. Prizes for best hand-made lanterns.

For further information email acfsevent@gmail.com or ph 62478231

The Color Run

The Color Run™ 5k is coming to Canberra on **Sunday, February 16, 2014** at Stage 88, Commonwealth Park. “Are you ready for the craziest, colourful, 5k of your life?”

The Canberra Hospital Foundation in partnership with Give me Five for Kids is very excited to have been named the official charity for Color Run™ Canberra 2014.

If you would like to join in on the fun, go to: <http://www2.thecolorrun.com/australia/canberra/> to register to run the ‘most colourful, 5k of your life’! Once you have registered you can also set-up a fundraising page to help you to raise money for children at the Canberra Hospital. Every dollar raised by participants in Color Run™ Canberra 2014 will go towards supporting children at the Canberra Hospital.

Engaging People to Talk About Problem Gambling Issues

This course is aimed at any person assisting people who may have financial, legal, relationship, housing, drug and alcohol, child protection and mental health concerns. Many people who have problems with gambling or are gambling in a high risk fashion do not recognise the extent to which their gambling may be affecting themselves or people close to them. Even if people with gambling problems do self identify they are likely to seek help for the consequences of their gambling rather than, or before, seeking specific gambling help. If you work in the areas mentioned above, you are in a position to help.

This free one day course will be held at Woden CIT, Ainsworth Street Phillip ACT, on **Wednesday 19 February 2014 from 9:00am to 4:30pm**. Morning tea and lunch are provided. For more information or to book a place at the course for either day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or alexander.ingham@act.gov.au

This course is run by the Centre for Continuing Welfare Training on behalf of the ACT Gambling and Racing Commission.

Course Content

Problems related to gambling can present in a range of guises such as financial, legal, relationship, housing, drug and alcohol, child protection and mental health concerns. Therefore, it is likely that professionals working in a range of settings other than the gambling specific context will encounter people with gambling related problems.

Raising and addressing the issue of gambling within non-specialist settings can pose a challenge for professionals. However, the opportunity to begin to address problem gambling regardless of the setting can be an important step in the process of change. The aim of this one-day workshop is to increase the awareness and skills related to addressing problem gambling within contexts other than gambling specific services.

The workshop will cover the following topics:

- Recognising problem gambling
- Raising the issue of gambling
- Assessment of gambling and related concerns
- Measuring readiness for change in relation to gambling
- Working with reluctance and resistance to changing gambling
- Overview of best practice in the gambling context
- Gambling specific referral options.

To register for this course you should seek approval from your manager or supervisor using the attached external training nomination form. You will also need to book a place directly with ACT Gambling and Racing Commission.

For more information or to book a place at the course for either day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or alexander.ingham@act.gov.au

When: Wednesday, 19 February, 9.00am to 4.30pm

Where: Woden CIT, Ainsworth Street, Phillip, ACT

Language Walk

Australia is now the only country in the world to have people from all languages spoken in the world. To share the pride and to complement the International Mother Language Day in Australia, let's join the inaugural annual **International Mother Language Walk** (the Walk) in Canberra on 21 February 2014 between 5:30pm and 6:30pm. The purpose of this Walk is to establish a very strong foundation to enhance community awareness about the significance of mother/heritage languages in Australia.

This proactive initiative will complement the spirit to value and respect linguistic diversity among Australian communities. The Walk will include a variety of community activities with the 'Multilanguage focus' to celebrate mother languages across the globe. This will be another great opportunity for you and your community to show your strong support for Australian multilingual strengths.

We also encourage **at least one short performance (song, dance, recitation) from your community member(s)** to reflect your language/culture. Please confirm your availability to allow us to organise the event accordingly. We also hope that you may like to share this open invite among your peers and circulate through your networks.

When: 21 February 2014, between 5.30pm and 6.30pm

Where: Reconciliation Place (behind Questacon), Lake Burley Griffin

For more information, contact: Ziaul Hoque, International Mother Language Movement (IMLM), Phone: 0411 031 942, Email: IMLM.21Feb@gmail.com Web: www.imlm21.org.au

DonateLife Ball

DonateLife ACT is the organ and tissue donation service for the ACT and surrounding areas.

Join us for a night of frivolity, fine food, fundraising and frocks at our 'Light for life' Ball (OK men do not HAVE to wear frocks!).

Saturday 22 February 2014 is the night for THE social event of the year!

This event will launch DonateLife week and fundraising for organ and tissue donation in our local community.

This black tie event will be at the National Arboretum Canberra with fine dining provided by Ginger Catering.

Our MC is local funny guy and Melbourne International Comedy Festival comedian Greg Kimball.

Entertainment includes other local comedians, a light show and party music by the Baker Boys Band.

Please join us at 7pm, Saturday 22 February 2014.

- To buy 'Light for life' Ball tickets online go to www.act.gov.au/lightforlife
- To buy 'Light for life' Ball tickets with cash or cheque come to Main office DonateLife ACT Canberra Hospital, Building Six, Level 1
- For more DonateLife ACT information please go to <http://www.health.act.gov.au/health-services/organ-and-tissue-donation/>
- Phone enquiries: (02) 6174 5625 Business hours
Email: Organ.Donation@act.gov.au

Position Vacant - Part time Education Officer

Are you a bi-lingual person looking for an opportunity to further develop your skills with a respected community organisation? The AIDS Action Council of the ACT is seeking a highly motivated person to join our dedicated and innovative Sex Worker Outreach Program (SWOP) team who provide outreach to sex workers in ACT.

We are looking for someone who has English as well as Korean, Thai or Chinese oral and written communication skills, has a broad knowledge of the sex industry, HIV, Hep C and sexual health issues for multicultural sex workers. Previous experience in, or knowledge of, the sex industry is essential. The role entails some outdoor and evening work. All information provided by applicants is kept confidential and only viewed by the interview panel.

This is a part time position, 15 hours per month.

Contact Philippa Moss, Manager Education and Support at the AIDS Action Council on 6257 2855 for more information and to receive an information pack and application form. Application forms must be received by **5pm on Monday 24 February 2014**.

Gift of Life's DonateLife Walk 2014

Show your support for organ and tissue donation and encourage others to discuss their donation wishes at Gift of Life's DonateLife Walk – Canberra's largest community event during national DonateLife Week.

Organised by Gift of Life and sponsored by the Organ and Tissue Authority, the walk will start at Regatta Point. You can choose one of two routes to walk: a circuit around Lake Burley Griffin via the Kings Avenue and Commonwealth Avenue bridges, or a shorter route through Commonwealth park. Both kick off from the same starting point.

You can walk or jog at your own pace, and pets, children and friends are very welcome. There's even a free barbecue breakfast on the grass of Regatta Point afterwards!

So please join thousands of Canberrans and help spread the word about becoming an organ and tissue donor by taking part in Gift of Life's DonateLife Walk 2014.

Register your participation now at www.giftoflife.asn.au – its free!

When: Wednesday 26 February 2014, 6.45am for a 7am sharp start

Where: Regatta Point

New Canberrans urged to update their address with Medicare to win \$10,000!

If you've recently moved to Canberra, welcome to the neighbourhood! Now that you've settled in, you should update your address with Medicare.

Updating your address will ensure the ACT Government receives its fair share of Commonwealth funding to provide new and improved services to benefit the local community.

If you update your address before **2 March 2014**, you will be eligible to enter the draw to win \$10,000, thanks to SERVICE ONE Members Banking.

To find out how to update your address with Medicare visit www.humanservices.gov.au/medicare and then enter the competition at www.updateyouraddress.com.au

International Women's Day

International Women's Day is celebrated each year on 8 March across the world. It is a global day to recognise and celebrate women's economic, political and social achievements. It is also an occasion for reflecting on past struggles and accomplishments and more importantly, for looking ahead to the untapped potential and opportunities that await future generations of women.

Holding an event

If you are holding an event to celebrate International Women's Day, you can [register it online](#) to promote it to the wider community.

Canberra International Women's Day Lunch

Celebrate with the Australian National Committee for UN Women at the National Convention Centre on **7 March 2014** from 11:30am-2:00pm.

Join us in celebration of the achievements of women and to commit to a better world for women and girls. Tickets are selling fast so [click here](#) to purchase yours today.

Corporate tables (10 seats), individual and concession tickets are available.

Purple ribbons

To show your support for gender equality and women's empowerment, wear a purple ribbon this International Women's Day. Purple ribbons and other International Women's Day merchandise are available to buy now! [Click here](#) for details.

Economic Empowerment

The theme for International Women's Day 2014 is *Ending Poverty for Women and Girls through Economic Empowerment*.

Without an education, limited employment opportunities women and girls are unable to reach their potential. Ensuring women and girls have access to education, training and employment opportunities, they are able to break the are able to realise their dreams, provide for themselves, their family and contribute to their community.

Proceeds from International Women's Day 2014 will assist to end the cycle of poverty for women and girls. UN Women is working to provide brighter futures for women and girls through education, training and supporting female entrepreneurs, ensuring girls can stay in school, and access to safe employment.

If you would like to explore further opportunities to support International Women's Day please contact the Office for Women at women@act.gov.au or (02) 6205 0515 or UN Women Australia at iwd@unwomen.org.au or (02) 6173 3222.

Craft ACT: Craft and Design Centre – calling for expressions of interest – Multicultural Exhibition 2015

Craft ACT: Craft and Design Centre is calling for proposals to exhibit in the 2015 program. Proposals are invited for a selected group exhibition to be held in conjunction with the National Multicultural Festival, held in Canberra during February 2015. The exhibition is designed to provide a platform for the celebration of cultural diversity, showcasing cultural traditions and heritage through craft and design. Proposals are invited from individual members and local and national craft and design practitioners whose practice reflects multicultural heritage and traditions. **Applications close Friday 14 March 2014.** For more information please contact Anne Radimin, Curator and Exhibition Manager on 02 62629333 or by email to anne.radimin@craftact.org.au.

Yarralumla Nursery Apprentice Reunion

Thursday 27 March 2014

As one of the events to celebrate the centenary of the Yarralumla Nursery in 2014, a morning tea for former apprentices is planned at the nursery on Thursday 27 March 2014. If you spent time at the nursery doing your horticulturalist apprenticeship, or a family member or friend did so, please register your interest in the morning tea by supplying your details to yarr.nursery@act.gov.au **by Friday 28 February 2014.**

Centrelink's 'News for migrants, refugees and visitors'

Visit Centrelink's website for the latest news for migrants, refugees and visitors.

To read complete stories and for more detail, click on to this link:

<http://www.humanservices.gov.au/customer/themes/migrants-refugees-and-visitors>

You can also subscribe to News for migrants, refugees and visitors and you will be sent news highlights once a month. You can opt out at any time.

Each new update will give you access to all of the latest news regarding Centrelink's payments and services relevant to people from a culturally and linguistically diverse background.

It's time to formally register for the Seniors Week expo!

Want to promote your services to older people? There are still a few spaces available for the Seniors Expo, to be held at EPIC on Thursday 20 March 2014. But you'll need to be quick!

You can find the Seniors Week information package, with all the details for the key events featured in this jam-packed week, on our website at <http://www.cotaact.org.au/2013/10/calling-for-expressions-of-interest-seniors-expo-2014/>. Register to secure your space, or consider becoming a Sponsor (which gives you access to even more promotional opportunities).

For more information, call Helen Taylor on 6282 3777 (email htaylor@cotaact.org.au)

Volunteers - The AFC Asian Cup 2015

The AFC Asian Cup is the premier senior men's football competition of the Asian Football Confederation (AFC). It is held every four years and is the pinnacle of Asian football.

The AFC Asian Cup will be held in Australia on 9-31 January 2015 and matches will be held in Sydney, Brisbane, Melbourne, Canberra and Newcastle.

The 47 countries of the AFC, making up half the world's population, will compete in the lead-up to this event in order to qualify for a place in the final 16 teams for the Cup.

The AFC Asian Cup will be the largest and most important football tournament ever held in Australia. The last tournament was held in Qatar in 2011 where Japan defeated Australia in the final.

The Local Organising Committee AFC Asian Cup Australia 2015 Limited will soon be recruiting passionate and dedicated volunteers who form an integral part in delivering the biggest football tournament Australia has ever hosted!

If you would like to be sent information about its Volunteer Program (including information about when applications open), please register your interest by sending an email to volunteers@asiancup2015.com.au stating your full name, email address and preferred host city.

The Local Organising Committee AFC Asian Cup Australia 2015 Limited may use third parties to collate your information. Please view their [Privacy Policy](#) for more information.