

ACT Multicultural Community eNews

20 March 2014 – Edition 11

Events ↓...

new Community open day at the expanded and refurbished Tuggeranong Community Health Centre

22 March

A Taste of Harmony Potluck Lunch

22 March

new Lanyon Homestead

Open Gardens Australia Plant Fair

22-23 March

new Disability Employment Services (DES) Focus Groups - Culturally and Linguistically Diverse Communities

25 March

new Sheffield Shield Final

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new Dental Health Program Forum

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new Connect and Participate (CAP) Expo

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new Reward those who reward you this Neighbour Day

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new "Poland – God's Playground or the Lucky Country?" – lecture by Professor Norman Davies at the Embassy of Poland

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new "Out of the Ashes: Warsaw Story"

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new AUDI Festival of German (language) Film

4, 6 and 10 April

Shen Yun 2014 in Canberra

4-5 April

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5 April

new Concert at the Embassy of Finland

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new Tiddas

10 April

new Our Voice Our Impact – Youth InterACT Forum

11 April

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13 April

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17-21 April

new CALDWays 2014 'Collaboration for Success'



ACT
Government
Community Services

GPO Box 158, Canberra ACT 2601

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w www.communityservices.act.gov.au

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Regional Forum

6 May

[new](#) Travel health research
project – study participants required

German Playgroup

Living a Healthy Life with Long-term conditions –
a six session course

National Days (February/March/April)

Notices ↓...

2014/15 – 2016/17 HEALTHY CANBERRA GRANTS
[EOI by 24 March](#)

[new](#) Connect and Participate Expo: discover how
you can enjoy Canberra's diverse, vibrant social
groups and clubs!

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Nominations sought for the ACT Ministerial
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2013-2014 ACT Aboriginal and Torres Strait
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2014 Inclusive Participation Funding Program
(IPFP)

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PLURAL+ Youth Video Festival on Migration,
diversity and Social Inclusion – call for video
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News for migrants, refugees and visitors

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[new](#) FREE training courses for community sector
workers to assist people with gambling problems

[24 April and 29 May](#)



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Events ↓...

Community open day at the expanded and refurbished Tuggeranong Community Health Centre

As some of you may already know, our Chief Minister and Minister for Health, Katy Gallagher, will officially open the new Tuggeranong Community Health Centre this Saturday, 22 March 2014.

Following the official event, Canberrans are invited to take a look through the new centre during a community open day. Everyone is welcome!

The centre, located on the corner of Anketell and Pitman Streets, is designed to be less clinical and more welcoming and comfortable for clients and members of the community.

When: 12 noon to 3.00pm, **Saturday, 22 March.**

The open day will also incorporate a chance to meet and talk with ACT Government Ministers during Community Cabinet from 12 noon until 1.00pm.

The new Tuggeranong Community Health Centre will receive its first clients on Thursday, 27 March 2014.

A Taste of Harmony Potluck Lunch

Come and share your traditional food to celebrate Harmony Day with CMCF!

When: 12.30pm on **Saturday 22 March 2014**

Where: Theo Notaras Multicultural Centre, North Building, 180 London Circuit, CIVIC , ACT 2601

Cost: Free, if you bring a plate of food or drink from your culture, along with the recipe.

To register: Please email secretary.cmcf@gmail.com

For further information: see <http://www.cmcf.org.au/cmcf-home-page/events/>

Check out <http://www.tasteofharmony.org.au/ideas> for some great food ideas or to share your recipes.

Lanyon Homestead Open Gardens Australia Plant Fair

This weekend:

Saturday 22, Sunday 23 March: 10am–4pm

Lanyon Homestead and Open Gardens Australia are hosting a garden spectacular.

A wonderful opportunity to celebrate everything garden related, from tools to seedlings to garden sculpture in a gardener's heaven location at Lanyon Homestead.

Two full days of plant and food stalls, speakers, tours and many children's activities.

\$10 per person, under 18s free.

Group booking enquiries to Open Gardens Australia National Events Office: (03) 5568 1138.

Lanyon Homestead

Enquiries: 6235 5677

www.museumsandgalleries.act.gov.au

Disability Employment Services (DES) Focus Groups – Culturally and Linguistically Diverse Communities

The National Ethnic Disability Alliance (NEDA) invites individuals from diverse backgrounds to participate in a focus group discussing ways to improve the delivery of Disability Employment Services programmes and employment pathways for people with disability.

If you wish to attend our focus group, please register by Friday, 21 March 2014!

We value and need your experiences and opinions!

A \$20 Gift Voucher will be given as a token of appreciation to participants!

When: **Tuesday, 25 March 2014**, 10.30am to 1.00pm (morning tea provided)

Where: Nexus Human Services, 24 Mort Street, Braddon

To register: Email rpo@neda.org.au

Limited places available.

For any further enquiries, please contact Bee at (02) 6262 6867

Sheffield Shield Final

Get down to Manuka Oval from 10.30am Friday to see the NSW Blues take on the WA Warriors in the Sheffield Shield Final.

Friday 21 – Tuesday 25 March 2014

Manuka Oval - Gates open 9.30am, games starts at 10.30am daily

Entry is FREE

Lorrkkon Ceremony

This free public performance will re-enact the funerary rites and bone ceremony for Bunitj Elder Bill Neidjie OAM, affectionately **remembered as 'The Gadgudju Man'**. He was a senior Elder of Kakadu National Park and a traditional owner of the Bunitj country in northern Gagudju. The name Kakadu is derived from the word 'Gagudju'.

The ceremony has never been publically performed before or performed off Bunitji Country.

Yolungu ceremonial Elder and highly acclaimed dancer and composer, Djakapurra Munyarryun of the Wangurri Clan in NE Arnhem Land will lead 30 traditional dancers, singers and elders in the Lorrkkon Ceremony.

Through the performance, Elders, dancers and singers will share ancient cultural knowledge that spans generations, demonstrating a profound respect for country along with a living tradition that has been maintained since the beginning of time.

When : Tuesday 25 March 2014

Time: 5.30pm – 7.30 pm

Where: Reconciliation Place (John Lang Dunmore park)
(between QUESTACON and the National Portrait Gallery)
King Edward Terrace

Please note: There are no food outlets provided, so bring your picnic dinner, picnic rug and blanket.

Program of Events:

5.30pm Multimedia presentation – The Great keeping Place – the AIATSIS Story

5.45pm Audiovisual & Multimedia Introduction – Story about Feeling

5.55pm MC Introduction of Ceremony

6.00pm **Lorrkkon Ceremony commences**

6.50pm Official Speeches: Prof Mick Dodson, AIATSIS Chairperson, Jonathon Nadji representing the Neidjie Family

7.00pm **Bunggul Ceremony** – Smoking Ceremony commences, Djakapurra leads crowd through Djapana (Crowd can join in the Bunggul Ceremony)

7.30pm Close

Dental Health Program Forum

Health Care Consumers' Association Inc (HCCA) is holding a forum on the ACT Dental Health Program. In this Forum we will have ACT Health representatives to provide some understanding of services within the Dental Health Program in the ACT. The forum will provide an opportunity to ask questions and find out more about the ACT Dental Health program including such things as eligibility, location, waiting lists and so forth.

What: Dental Health Program Forum

When: Friday 28th March 2014

Time: 12:30pm- 2:30pm

Where: 100 Maitland Street, HACKETT. Health Care Consumers' Association, Meeting Room 2

Cost: FREE

RSVP required for catering purposes by Friday 21st March 2014 - Sandra at the HCCA office on 6230 7800 or email sandraavila@hcca.org.au

A staff member from ACT Health will be presenting at the forum so this is a great opportunity to provide direct feedback on the ACT Dental Health Program. There are **only 20 positions available**, so get in quick!

Connect and Participate (CAP) Expo

The inaugural CAP Expo will be held at the Kingston Markets on **Saturday 29 March 2014**, from 11.00 am to 4.00 pm.

From Potters to Parkour; Anime to Ancient Arts; Miniature Enthusiasts to Motorbike clubs; from Chess to Ukulele groups; Scouts to Dance groups and choirs - regardless of age, ability or background, everyone is bound to find a group at the Expo that sparks their interest.

The Connect and Participate Expo is the first of its kind in the ACT, and brings together at one location, over 80 groups representing sport and recreation, arts and crafts, music, leisure, cultural activities, performing arts, hobbies and special interest groups.

We know how important it is to be connected with others; with the research now showing the adverse affects of isolation *are comparable to that of smoking and diabetes*. However, sometimes it's very difficult to 'break into' established groups and clubs; which is why ACT Government has partnered with Belconnen and Woden Community Services to hold the CAP Expo.

Entry is free, and there will be live performances, childrens' entertainment, raffles and prizes, free transport from Civic; and of course the wonderful Kingston Markets food stalls will be open.

For more information go to www.connectandparticipateexpo.com.au or contact Maureen.howe@act.gov.au or Megan.campbell@act.gov.au

Zumbathon

Dance with us and help raise funds to rebuild the **Salsabor Dance Studio**.

The studio was severely damaged by the fires at the Sydney Building and this fundraising event will help us re-open a new space to call **home**.

When: Saturday 29 March 2014

Where: Italo Australia Club, 78 Franklin Street, Forrest

Cost: \$25

Registration: 10am (starts 10.30am)

Holi means Harmony Festival

India Australia Association of Canberra, the oldest, mainstream and the most vibrant Indian community organization, with the support of many Indian and non-Indian Community groups, has organized "Holi Mela" at Commonwealth Park West – Stage88.

"Holi" (the Indian festival of colours) means end of "evil and animosity" and growth of friendships. We plan to celebrate "Holi" together with the "Harmony Day" and name the festival "Holi means Harmony".

There will be many folk dances from different parts of India: some Bollywood dances, fashion parades, thrilling Holi songs, "Bhangra" etc. Many multicultural communities are expected to join in the performances. There will be 8-10 food and drinks stalls.

The stage items will finish at 2:00pm. At that time public will be able to play Holi with dry color powder and dance on "Dhol (Indian drum)" beats with a DJ in attendance.

When: Saturday 29 March 2014, 11am to 5pm

Where: Stage 88, Commonwealth Park West (Regatta Point)

Reward those who reward you this Neighbour Day

With less than three weeks to go until this year's Neighbour Day, Australians everywhere are preparing to celebrate their communities on **Sunday, 30 March 2014**. Neighbour Day is an annual celebration of community, bringing together the people next door, across the street, or in a business in the same block. It is a wonderful opportunity to get to know your neighbour, say 'hello', put a name to a face, and build better relationships with people who live and work nearby.

Relationships Australia, the new home for Neighbour Day, is asking people to tell us their story of a wonderful neighbour or an extraordinary neighbourly act. There are cash prizes of up to \$500 to be won for the best stories. Enter your story here: www.neighbourday.org/tell-us-your-story/

The Neighbour Day website, www.neighbourday.org contains information and background on the principal aims of this wonderful event. It also provides ideas on what people can do, and provides access to a whole range of resources, including invitations and name tags for neighbours, that can be used to promote an event. All events should be registered on the site to access the Neighbour Day kit.

It doesn't need to take a lot of organisation or time, the important thing is encouraging members of the public to find a way to 'celebrate community' with their neighbours, to say thanks for being a great neighbour and for helping to create healthier and more vibrant suburbs and towns.

We are also privileged to have Senior Australian of the Year, the Hon. Fred Chaney AO and Gardening Australia's Costa Georgiadis join Andrew Heslop as National Neighbour Day Ambassadors. Please visit www.neighbourday.org to read their messages of support.

If you are immersed in social media we also invite you to like our Facebook page www.facebook.com/neighbourday and to follow us on Twitter @Neighbour Day.

“Poland – God's Playground or the Lucky Country?” – lecture by Professor Norman Davies at the Embassy of Poland

The Embassy of the Republic of Poland has pleasure in inviting you to the lecture of a world-famous British historian Professor Norman Davies - “Poland – God’s Playground or the Lucky Country?”. The lecture will be held in the reception hall of the Embassy of the Republic of Poland, 7 Turrana Street, Yarralumla on **Wednesday 2 April 2014 at 11.00 am** and will be followed by a discussion and a reception.

RSVP till 26th March 2014

(02) 6272 1000

email: aucanamb@msz.gov.pl

Professor Norman Davies is a bestselling author of “*Europe: A History*”, “*The Isles: A History*” and “*Rising '44. The Battle for Warsaw*”. He is also the author of the definitive history of “*Poland God’s Playground*”, and several books on European history. Born in Bolton, Lancashire in 1939, Professor Davies is a graduate of Magdalen College, Oxford and the University of Sussex. He obtained his Ph.D. at the Jagiellonian University in Kraków. He is a Supernumerary Fellow at Wolfson College, Oxford and is a Fellow of the British Academy, Fellow of the Royal Historical Society and Professor Emeritus of London University. Professor Davies was honored and decorated with several highest Polish orders of merits and distinctions: Order of the White Eagle, Order of Polonia Restituta, Grand Cross of the [Order of Merit of the Republic of Poland](#), Medal Polonia Mater Nostra Est, Gold Medal “*Gloria Artis*” and Honorary Distinction “*Bene Merito*”.

Professor Davies arrived in Australia at the invitation of the **Australian Institute of Polish Affairs (AIPA)** which is an independent, voluntary, non-political organization founded in 1991 in Melbourne, headed currently by Professor Jan Pakulski. AIPA seeks to develop stronger and more diversified ties between Australia and Poland by inviting and organizing meetings with, expert speakers, both Polish and Australian. The Institute publicizes events relevant to Polish-Australian relations, and arranges lectures as well as commemorations and celebrations of important anniversaries. More information on the agenda of Professor Davies` visit to Australia can be accessed on AIPA`s web site:

<http://www.aipa.net.au/aipa/interesting/forthcoming-visit-of-professor-norman-davies-save-the-date/>

“Out of the Ashes: Warsaw Story”

The Embassy of the Republic of Poland
has pleasure in inviting you and your guest
to the screening of a documentary movie

“Out of the Ashes: Warsaw Story”.
The special guest of the evening will be
Professor Norman Davies.

The screening will be held
at the Embassy of the Republic of Poland
7 Turrana Street, Yarralumla
Thursday 3 April 2014 at 5:00 pm
and will be followed by a Q&A session and a reception.

RSVP by 27 March 2014
e-mail: aucanamb@msz.gov.pl
Telephone: (02) 6272 1000

Number of sitting places limited

“Out of the Ashes: Warsaw Story” is a fascinating and moving documentary about the arduous and meticulous reconstruction of the capital of Poland after it was almost razed to the ground during World War II. Featuring the story of the main architect of the reconstruction effort, Mr Zbigniew Krawczyński and his son Mark, who after years returns to Warsaw and strolls the streets of the Old Town rebuilt by his father, the movie demonstrates the main characteristics of Polish culture: its vitality, endurance, courage, determination, spirituality and high moral and ethical standards.

10th Latin American Film Festival

The Latin American Embassies in Canberra are proud to present the 10th Latin American Film Festival, which will be held at the National Gallery of Australia from **3-14 April 2014**. [See program details](#)

This April, immerse yourself in the best of contemporary film from Latin America at the National Gallery of Australia – and best of all, it's free!

The 10th Latin American Film Festival is proudly presented by the Latin American embassies, and this year the Festival is hosted by Peru – an exciting link with the Gallery's current exhibition [Gold and the Incas](#).

Each of the 12 films will be screened twice, once at the matinee time of 2.30pm, and in the evening at 6.30pm.

The festival will present a selection of 11 films from all over Latin America, including international award winning pieces and featuring some of the most exciting and creative productions to reach the big screen in recent years.

Tickets: Free

Where: James O Fairfax Theatre, National Gallery of Australia, Canberra, Parkes Place, Parkes

Other:

- Limited numbers, no bookings required
- All screenings R18+
- All films are subtitled

AUDI Festival of German (language) Film

This year's Austrian Film at the AUDI Filmfest is nothing for the faint-hearted: In *Blutgletscher - THE STATION*, a climate research team on a remote station in the Austrian Alps experiences the wrath of mutant creatures apparently infected by toxic substances released by a melting glacier. In Canberra on **Friday 4 April, 8.30** at Palace Electric Cinemas, New Acton

<http://www.goethe.de/ins/au/lp/pri/fia/ffg/dat/en12351538.htm>

www.blutgletscher.at

On **Sunday 6 April, 6.30pm**, beloved Austrian actor Justus Neumann has been invited back to Canberra by the Goethe Institute Australia to perform his award-winning theatrical reading of Karl Kraus' "Last Days of Mankind" as a Fringe event at the AUDI Festival (see attached flyer).

<http://www.goethe.de/ins/au/lp/pri/fia/ffg/dat/en12435251.htm>

Shen Yun 2014 in Canberra

We are a group of local supporters with an aim to promote traditional Chinese culture and values in Canberra. We are currently promoting the world class show **Shen Yun** Performing Arts from New York that is coming to Canberra in April this year.

Shen Yun weaves a wondrous tapestry of heavenly realms, ancient legends, and modern heroic tales, taking you on a journey through 5,000 years of Chinese culture. Its stunning beauty and tremendous energy leave audiences uplifted and inspired.

A Shen Yun performance features the world's foremost classically trained dancers, a unique orchestra blending East and West, and dazzling animated backdrops—together creating one spectacular performance.

CLASSICAL CHINESE DANCE has helped preserve 5,000 years of Chinese culture. Built on traditional aesthetics, it was once passed down among the people, in imperial courts, and through ancient plays. Over thousands of years, it was constantly refined, eventually developing into the vast and distinctly Chinese dance form we know today.

Classical Chinese dance has its own set of training methods in basic skills and has strict training in both physical expression and specific postures. It also involves learning combinations of leaps, turns, flips, spins, and other aerial and tumbling techniques. It is a vast and independent system of dance.

Each season, Shen Yun produces an all-new show and tour with it around the globe, performing at the world's top venues—Lincoln Center in New York, Kennedy Center in Washington, the London Coliseum; our Shen Yun Symphony Orchestra has played at Carnegie Hall and this year is touring other revered concert halls across the United States.

Shen Yun's sold-out audiences include star actors, fashion leaders, government VIPs, and international celebrities. We look forward to seeing you among them at one of their next shows!

Donna Karan, creator DKNY: "Mesmerizing, Reclaiming the divinely inspired cultural heritage of China."

Cate Blanchett, Academy Award winning Actress: "Exquisitely beautiful. An extraordinary experience."

When: Friday 4 April (7.30pm) and Saturday 5 April (2.00pm and 7.30pm)

Venue: Canberra Theatre Center, Civic Square, London Circuit

Cost: \$150, \$120, \$100, \$80, \$60 + \$3.30 transaction fee applies

Contact: Xuan, 0410 001 212, xuan.kate@iinet.com.au
HOTLINE: (02) 62752700

Website: www.shenyun.com/Canberra
www.canberratheatrecentre.com.au

AUSTRALIAN CITIZENSHIP TEST – Study Course

English For Work at Canberra Technology Park is offering a 4 hour training session to help people prepare for the Australian Citizenship Test. The course will be held monthly beginning **Saturday 5 April 2014**. All training materials are based on the Department of Immigration and Border Protection resource book *Australian Citizenship – Our Common Bond*. English as a Second Language support will be provided.

For more information please call **0458 266 311**. Concessions available for health card holders.

Concert at the Embassy of Finland

Coming to the Embassy of Finland directly from his concert with the Melbourne Symphony Orchestra (5 April) - Metropolis New Music Festival - Finland's acclaimed opera baritone, **Juha Kotilainen**, sings for us accompanied by talented young pianist **Joel Papinoja**.

Concert: On Monday 7 April 2014, at 7 pm

Venue: Embassy of Finland, 12 Darwin Avenue, Yarralumla

Program:

Jean Sibelius (1865-1957): Songs to be announced

Toivo Kuula (1883-1918): Songs to be announced

Einojuhani Rautavaara (1928-): Sydämeni laulu (Song of My Heart)

Kimmo Hakola (1958-): Kivi-laulut (Kivi Songs)

Jukka Ollila (1960-): A Twisted Mirror (William Blake songs)

Tickets at \$35.00 or \$30.00 (conc.) can be booked through Ewa Walczuk, Embassy of Finland, Telephone: 02-62733800 or email: ewa.walczuk@formin.fi

The tickets to be paid for in cash at the door before the concert.

Bookings are also being taken for the concert of the Jukka Perko Avara Trio at the Embassy of Finland on Tuesday 10 June 2014 - start 7.00 pm.

Tiddas

On **Thursday 10 April 2014 at 5.45pm** at Paperchain Bookshop, 34 Franklin Street, Manuka, Australian author Anita Heiss (of Aboriginal and Austrian descent), will launch her latest Novel "Tiddas", a story about what it means to be a friend.

Please RSVP by Monday 7 April 2014 to info@paperchainbookstore.com.au

Our Voice Our Impact – Youth InterACT Forum

The ACT Youth InterACT Forum for young people aged 15 to 25, to be held on **Friday 11 April 2014** at the ACT Legislative Assembly, 196 London Circuit, Canberra, from 8.45am to 3pm.

The Forum is held as part of National Youth Week and the theme this year is **'OUR VOICE, OUR IMPACT'**. The event will focus on how young people can use their voices to create change both within their community and on a government level. The Forum will be co facilitated by members from the ACT Youth Advisory Council, and will also feature keynote speakers and a discussion panel with prominent people from the ACT Government in the ACT Legislative Assembly Chamber, followed by an interactive session which will be an opportunity for participants to further explore key issues around youth engagement and participation at a government level.

The Minister for Disability, Children and Young People, Ms Joy Burch, MLA, will be provided with a report based on the outcomes of the forum.

The Youth Advisory Council invites, individuals, ACT Student Representative Council representatives from all Public, Catholic and Independent schools, Youth Led organisations, and Student Associations to participate in this forum.

Registration forms are available at www.youth.act.gov.au. **Please note** registrations close **Friday, 4 April 2014**.

For further information and to reserve places for your members please contact Ms Denise Bridges on 6205 3064 or via email to denisemaree.bridges@act.gov.au.

Rally for Refugees

Break the silence march on Palm Sunday. Add your voice to community, church, political and union groups calling for justice and compassion for refugees and asylum seekers.

When: Sunday 13 April 2014, 1.00pm

Where: Garema Place

Canberra's (Inter)National Folk Festival

Established in 1967, the National Folk Festival is recognised as Australia's leading festival of contemporary and folk music. The National is held over the Easter weekend in Canberra and is one of Australia's biggest and longest running festivals. The 2014 Festival has over 200 acts from around the planet – encompassing all facets of folk from acoustic, blues, roots, traditional, bluegrass to world , gypsy, kletzma and much, much more.

This year thanks to support from the ACT Government a highlight of the Festival will be a showcase of Indigenous performers including national treasure Archie Roach.

The following is a selection of the international music and dance that will be on show.

Alaska String Band (USA) are a gifted family of multi-instrumentalists often swapping instruments throughout a performance including guitars, fiddles, mandolins, dulcimer, banjo, bass, ukuleles and percussion; knitting it together with signature vocal harmonies

Australian Chinese Music Ensemble Lead by master of the Sheng, Wang Zheng-Ting the Australian Chinese Music Ensemble consists of four of Australia's leading Chinese traditional instrumental musicians. They perform traditional and contemporary Chinese music

Damien Dempsey (Ireland) The Greatest Irish Singer of his Generation. Damien Dempsey mixes traditional Irish folk with contemporary lyrics.

Fásta (Ireland, Québec & Scotland) Featuring musicians from Ireland, Québec & Scotland, Fásta remains true to its roots. With a selection of reels, jigs, and songs in Irish, French and English, the band bridges the three celtic cultures.

Fiona Ross (Scotland) Fiona Ross has performed traditional Scots songs and ballads throughout Scotland and internationally, including the Tradition-Bearer concert series of Glasgow's prestigious Celtic Connections.

Joseph Tawadros Trio Internationally acclaimed Egyptian-Australian oud player, Joseph Tawadros, won the 2012 ARIA for 'Best World Music Album'. Praised for his "now legendary oud skills" and composing almost all pieces, Joseph's unique voice crosses boundaries of world, middle-eastern, jazz and classical genres.

Karavana Flamenca (Spain) plays rumba flamenca, traditional flamenco and Cuban music with fire! The gut-wrenching Spanish/Romani vocals, wild rhythms and soulful Moorish melody of oud and flamenco guitar spell "Fiesta" every performance.

Lindi Ortega (Canada) Lindi Ortega is armed with an inimitable singing voice, the Independent hails as "a truly magnificent instrument," and a heart bursting with creative ambition, she has received nominations for both the Juno Awards and the Polaris Prize.

Riley Lee & Jeff Peterson (USA) Shakuhachi Grand Master Riley Lee is once again joined in concert by Grammy-winning slack key guitarist Jeff Peterson from Hawai'i. They frequently perform in Hawai'i to sell-out audiences, but have played in Australia only twice before.

Santa Taranta plays traditional music from southern Italy. Their musical styles include Pizzica, Tammurriata and Stornelli, as well as Polkas from the barbershop and the occasional serenade d'amore.

Souleiado French Dance Group: Souleiado lives up to its namesake meaning 'sunny' in presenting the traditions of southern France with warmth and effervescence. They specialise in dances from Occitania and the French Basque and Catalan regions,

Tángalo is a vibrant modern tango quintet, combining the emotion of golden-age tango with a contemporary aesthetic,

Valanga Khoza and South African Jive feature rich vocal harmonies, soulful saxophones and lilting tones of kalimba, rhythmic guitar and irresistible dance grooves. The songs are from their new album as well as some old favourites that range from township jive to haunting traditionally inspired melodies.

For more information on the many visiting and local artists see www.folkfestival.org.au

CALDWays 2014 'Collaboration for Success' Regional Forum

When: **Tuesday 6 May 2014**, 9.00am to 4.30pm

Where: Rydges Lakeside, Canberra

REGISTRATIONS NOW OPEN!

Exploring the importance of partnerships and collaboration in developing innovative approaches to culturally appropriate aged care.

This free one day event is for aged care providers, community organisations, consumer bodies and individuals with an interest in aged care in culturally and linguistically diverse (CALD) communities

Discuss your experiences and new ideas with others in the CALD ageing sector. Learn from practical and motivating examples of how a collaborative approach to aged care is increasing access to quality aged care services and information in CALD communities.

This is a FREE event. Numbers are limited. Registration is essential.

To register:

<https://register.eventarc.com/21349/caldways-2nd-annual-regional-forum-collaboartion-for-success>

Contact: PICAC NSW & ACT

Phone: (02) 4227 4222

Email: caldways@picacnsw.org.au

Website: www.picacnsw.org.au

The Partners in Culturally Appropriate Care (PICAC) Program is funded by the Australian Government's Department of Social Services and auspiced by the Multicultural Communities Council of Illawarra.

2014/15 – 2016/17 HEALTHY CANBERRA GRANTS

NOW OPEN FOR APPLICATIONS

Nearly \$2 million in funding to support community-based health promotion programs and projects to improve population health outcomes.

Healthy Canberra Grants is now open for expressions of interest from community-based groups, school communities, not-for-profit organisations and government agencies. This funding opportunity will be for programs of up to three years duration, commencing from July 2014. Nearly \$2 million will be available over the three-year period covered by this funding opportunity.

Healthy Canberra Grants focuses on tackling overweight and obesity and improving children's health, including improving eating habits and improving physical activity outcomes. Improving outcomes around smoking, alcohol consumption and healthy active ageing are also considered.

Application to Healthy Canberra Grants is through a two-stage application process: **An initial expression of interest should be submitted by 5 PM on 24 March 2014.** Shortlisted expressions of interest will then be invited to submit a more detailed application.

A general information session about Healthy Canberra Grants will be conducted on Wednesday 5 March 2014 from 4pm to 5.30pm at the Rheinberger Centre, Corner of Weston and Loch Streets Yarralumla.

For more information, including access to the expression of interest form and funding guidelines, please visit the ACT Health Promotion Grants Program webpage at: www.health.act.gov.au/hpgrants, call us on 6205 1325 or email hpgrants@act.gov.au

Connect and Participate Expo: discover how you can enjoy Canberra's diverse, vibrant social groups and clubs!

The Connect and Participate Expo is a FREE event for people of all abilities and ages that will showcase over 80 stalls from sport and recreation groups, art, craft, music, leisure, cultural, performing arts, hobby, social and special interest groups. It will include live performances, food stalls, kids' entertainment, prizes and raffles. There will be free ACTION buses to the event from Platform 3 in the Civic City Bus Station every 20 to 30 minutes between 11am and 4pm.

The Connect and Participate Expo will take place on Saturday 29 March 2014 from 11am to 4pm, at the Old Bus Depot Markets, Kingston.

For more information visit the website www.connectandparticipateexpo.com.au

Proudly sponsored by the ACT Government, Belconnen Community Service, Woden Community Service, Northside Community Service and ACTTAB.

Nominations sought for the ACT Ministerial Advisory Council on Women

The Minister for Women, Joy Burch MLA has called for nominations for membership of the 2014-2016 ACT Ministerial Advisory Council on Women

The Council plays a key role in assisting the Government to develop and implement policies that advance the status of women.

Information about the Ministerial Advisory Council on Women is available on the Women ACT website: www.women.act.gov.au or by contacting the ACT Office for Women by phone on 6207 2552 or email women@act.gov.au.

Nominations are invited from individual women and representatives of women's organisations and peak bodies in the ACT who are able to demonstrate commitment to the advancement of women; a sound knowledge of the interests and concerns of ACT women and girls; and an ability to consult and represent on a wide range of women's issues. **Nominations close on 31 March 2014.**

Women from varied age groups, diverse backgrounds including women with disabilities and women from culturally and diverse backgrounds and Aboriginal and Torres Strait Islander women are encouraged to nominate.

Please circulate this information through your networks.

2013-2014 ACT Aboriginal and Torres Strait Islander Grants, Second Round of Scholarship Grants - Now Open

The Office for Aboriginal and Torres Strait Islander Affairs (OATSIA) is pleased to announce the opportunity for ACT Aboriginal and Torres Strait Islander individuals to apply for once-only financial support to encourage greater participation of ACT Aboriginal and Torres Strait Islander people in the community. The Leadership, Cultural and Scholarship grants aim to promote cultural diversity and social harmony for ACT Aboriginal and Torres Strait Islander people and support the development of capability and cultural competence within the ACT community.

SCHOLARSHIP GRANTS Total funding available \$59,500 (GST exclusive)

To encourage and support ACT Aboriginal and Torres Strait Islander people to study and ultimately be employed in the local sector.

OATSIA will accept applications until **12 noon Tuesday, 8 April 2014**. Late applications will not be considered.

To obtain the Guidelines and Application Form:

- Please go to the ACT Government website: <http://www.communityservices.act.gov.au/atsia/grants> ; or
- Email dhcscontractsandgrants@act.gov.au or phone (02) 6207 9032.

2014 Inclusive Participation Funding Program (IPFP)

The 2014 Inclusive Participation Funding Program (IPFP), administered by Sport and Recreation Services (SRS), will open at 9am on Friday, 14 March 2014 with applications to be accepted until **11pm on Friday 18 April 2014**.

Projects will be funded from \$2,000 to \$10,000 for the 2014/15 financial year.

For more information on the IPFP please visit the SRS website at http://www.economicdevelopment.act.gov.au/sport_and_recreation/support/grants.

If you have any questions regarding the IPFP and/or wish to discuss your application please contact Philip Turini (philip.turini@act.gov.au; 6207 2076).

PLURAL+ Youth Video Festival on Migration, diversity and Social Inclusion – call for video entries

New York, NY (February 13, 2014)-- The United Nations Alliance of Civilizations ([UNAOC](#)) and the International Organization for Migration ([IOM](#)) invite YOU to submit original and creative videos focusing on PLURAL+ themes: Migration, Diversity and Social inclusion.

Recognizing youth as powerful agents of social change in a world often characterized by intolerance, and cultural and religious divisions, PLURAL+ invites youth to address key challenges and opportunities related to social inclusion and cohesion, migrant integration, respect for identity, diversity, and human rights, both at local and global levels. Young people up to 25 years old are invited to submit short videos of five minutes maximum in length.

The UN High Representative for the Alliance of Civilizations, Mr. Nassir Abdulaziz Al-Nasser, says that PLURAL+, provides youth around the world with the opportunity to submit real stories told by real people, which when widely disseminated “would help foster intercultural dialogue and understanding, respect for diversity and tolerance.”

Matthew Hodes, Director, UNAOC, said “PLURAL+ videos provide powerful narratives that help advance this critical conversation: how to build more inclusive societies where we can all live together in harmony.” Michele Klein-Solomon, Permanent Observer to the United Nations, IOM, added “PLURAL+ videos touch very sensitive issues in a very real way. They look at the realities that people are facing; we like to see young people expressing their profound ideas in a manner that allows the opening of a dialogue.”

Nico Daswani, a member of the PLURAL+ 2013 International Jury commented, “The imagination, craftsmanship and care reflected in such a diversity of videos submitted from around the world is an indication that there is an entire generation of people determined to create and shape the world they live in. We should all be working towards helping unleash that creativity.”

PLURAL+ supports young people’s expression of their opinions by providing them with a variety of media platforms and distribution networks, including broadcasts, video festivals, conferences and events around the world. PLURAL+ not only provides young people with an effective platform to express themselves on key migration and diversity issues, but also reinforces the firm belief of IOM and UNAOC that youth are powerful and creative agents of social change.

A prestigious international jury will select three winners in each age category (9-12, 13-17, 18-25). International Jury winners will be invited to New York, all travel expenses paid, to present their work at the PLURAL + 2014 Awards Ceremony at the Paley Center for Media in December 2014.

PLURAL+ partner organizations will also award other prizes and professional opportunities, such as winning participants presenting their work at film and video festivals, conferences and events around the world.

The PLURAL+ 2014 deadline for video submission is 27 June, 2014. Further information, including guidelines, regulations, awards, and the entry form can be found at the PLURAL+ website at: www.unaoc.org/pluralplus

You can watch PLURAL+ 2013 award winning videos [here](#)

PLURAL+ is organized by the [United Nations Alliance of Civilizations](#) and the [International Organization for Migration](#) with the collaboration of many [international partners](#), including: Red UNIAL, Gulen Institute, MTS Travel, SIGNIS, Global Block, Humanity Without Borders Foundation, Television America Latina (TAL), Universal Forum of Cultures Foundation, NEXOS Alianza, CHINH India, Turkish Cultural Center of New York, COPEAM, Without Borders Film Festival, IAAI GloCha, Doha Center for Media Freedom, CNTV Chile, Paley Center for Media, Amara, Scalabrini International Migration Network, IUEDESP, Balkan Media Education Centre, Waging Nonviolence, IOM Migration Research and Training Centre, Anna Lindh Foundation, UN Television, RAI TV Scuola, GoodnessTV, Cine y Salud, Global Film Initiative, Insight Festival, UNICEF and MTV Exit.

For more information, please contact: plural@unaoc.org

Or find PLURAL+ on: [Twitter](#) [Facebook](#) [YouTube](#) [Vimeo](#) [GoodnessTV](#) [Amara](#)

News for migrants, refugees and visitors

Here is the latest news for migrants, refugees and visitors for the month of **March** from the Australian Government Department of Human Services.

To read complete stories and for more detail, visit the Migrants, refugees and visitors section of the Human Services website:

<http://www.humanservices.gov.au/customer/themes/migrants-refugees-and-visitors>

FREE training courses for community sector workers to assist people with gambling problems

As you may be aware, the ACT Gambling and Racing Commission regularly runs free introductory level training courses for community sector workers to assist people who may have problems with gambling. Following the success of the *'Engaging People to Talk about Problem Gambling Issues'* training course (formally known as *'Opportunistic Interventions in the Problem Gambling'*) the Commission is introducing *'Beyond Smoke and Mirrors'*, an intermediate level course which builds on the knowledge and skills developed in the earlier course.

Community sector workers who attended the earlier course are encouraged to attend *'Beyond Smoke and Mirrors'*. Attendance at the earlier introductory course is not mandatory.

Details and dates for both courses are provided below. These courses are being run at regular intervals throughout the year, starting in February. If you were unable to attend the *'Engaging People to Talk About Gambling Issues'* training last year or know of someone else who would benefit from either course, please feel free to pass on this email and sign up via return email.

Bookings can be taken for the entire year and morning tea and lunch are provided free.

ENGAGING PEOPLE TO TALK ABOUT PROBLEM GAMBLING ISSUES

Level: Introductory

Many people with gambling problems seek help for other problems such as financial difficulties, relationship, housing, mental health or drug and alcohol problems before seeking help for their gambling problems. It is likely that community sector workers in these non gambling specific areas will encounter people with gambling problems. This training will increase awareness and skills for these workers equipping them to help their clients begin the process of change.

The workshop will cover the following topics:

- Recognising problem gambling
- Raising the issue of gambling
- Assessment of gambling and related concerns
- Measuring readiness for change in relation to gambling
- Working with reluctance and resistance to changing gambling
- Overview of best practice in the gambling context
- Gambling specific referral options

This free one day course run by the Centre for Continuing Welfare Training will be held at Woden CIT, Ainsworth Street Phillip ACT, on **Thursday 24 April 2014 from 9:00am to 4:30pm**. Tea/Coffee, morning tea and lunch are provided.

Additional training courses are also being run in 2014 on Wednesday 4 June, Wednesday 20 Aug and Friday 3 October.

For more information or to book a place at the course for any day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or alexander.ingham@act.gov.au

BEYOND SMOKE AND MIRRORS: DEALING WITH PROBLEM GAMBLING

Level: Intermediate

The '*Beyond Smoke and Mirrors*' training course provides participants with an understanding of the reasons why their clients may not disclose their problems with gambling or may not fully disclose the extent of the problem. An understanding of the reasons for and the mechanisms of deception can also assist non specialist community sector workers and counsellors work more effectively with clients affected by the gambling problems of a family member. The background for this material is drawn from the experience of financial, legal, welfare, and personal counsellors who work with the negative consequences of problem gambling.

The topics covered include:

- Gambling and the gambler's experience
- Problem gambling
- The cycle of problem gambling
- The hidden downside of problem gambling
- Common patterns of deception
- Protection and support for partners, families and children
- Working with deception both conscious and unconscious
- Gambling counselling
- Crisis strategies and referral sources for clients in crisis
- Referral pathways and resources

This free one day course run by the Centre for Continuing Welfare Training will be held at Woden CIT, Ainsworth Street Phillip ACT, on **Thursday 29 May 2014 from 9:00am to 4:30pm**. Tea/Coffee, morning tea and lunch are provided.

Additional training courses are also being run in 2014 on Thursday 28 August and Thursday 27 November.

For more information or to book a place at the course for any day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or alexander.ingham@act.gov.au

Travel health research project – study participants required

Australians head overseas in record numbers and the trend is set to continue. In the 12 months ended December 2012, 8.3 million Australians travelled overseas - 40% of them to developing countries. It is thought that 50% of travellers from countries overseas complain of travel-related illness, whereas 10% consult a doctor on their return. Much of the travel-related illness and injury can be prevented.

Researchers at University of Canberra are investigating the requirements for international travellers with chronic medical conditions. Information from this project will inform strategies and health recommendations when preparing for international travel.

Heading overseas?

If going overseas for a few days or months, we are interested to hear from you.

Whether you are planning a get-away holiday, backpacking, a business trip or just going to visit friends and relatives, authorities recommend you think about potential health risks before you leave Australia.

This project aims to educate the travelling public about health issues related to international travel. Participants will be provided with health recommendations to prevent illness and injury during the trip.

At **no charge**, attend a pharmacist conducted pre-travel health consultation at a participating community pharmacy in the Canberra region.

Eligibility:

- Heading overseas BEFORE July 2014
- Taking regular medications for a diagnosed medical condition
- Above 18 years of age.

Participants will be given a Westfield gift voucher for recognition of their time. For more information about the project and study and to sign up, please contact:

Moses Mutie
University of Canberra
Location 12D43
Phone 62015897, mob 0410880675
Email: moses.Mutie@canberra.edu.au

German Playgroup

Spiel und Spagat!

Für Kinder im Alter von 0 bis 3 Jahren plus Begleitpersonen

For children 0 to 3 years and their parents/carers

Wir treffen uns dienstagnachmittags 15 bis 17 Uhr

Join us Tuesday afternoons from 3 pm to 5 pm

Weston Creek Playgroup Association,

Gavin Place, Chapman

(Where to find us:

<http://www.westoncreekplaygroups.websyte.com.au/site.cfm?/westoncreekplaygroups/>)

Contact person: Kristina Wolf, kw@lingua-direct.com

Living a Healthy Life with Long-term conditions – a six session course

Healthy Weight Action Plan Announcement

Do you have a chronic health condition? Any condition lasting six months or longer such as asthma, arthritis, cancer, obesity, diabetes, chronic pain or heart disease.

Does this condition:

- prevent you from living life as you would like?
- cause you stress?
- impact your relationship?

If you answered yes, you are eligible to participate in this FREE self management course, delivered by the Health Directorate.

The course is also open to carers/partners/friends of anyone with a chronic or long-term illness.

Topics covered on the six session course includes pain and fatigue management, cognitive symptom management, dealing with negative emotions, communicating with health providers, physical activity, healthy eating, action planning, problem solving and peer support.

Course leaders include a health professional and a person with a long-term condition who has completed leader training.

The course schedule and flyer can be accessed using the below link:

https://actgovssc.custhelp.com/app/answers/detail/a_id/2002

Further information

For further information regarding this course, please contact Community Health Intake, Health Directorate on (02) 6207 9977 or email SelfManagement@act.gov.au.

National Days (February/March/April)

FEBRUARY	MARCH	APRIL
<p>04 - Feb Sri Lanka Independence Commemoration Day</p>	<p>03 - Mar Bulgaria National Day</p>	<p>04 - Apr Senegal Independence Day</p>
<p>06 - Feb New Zealand Waitangi Day</p>	<p>06 - Mar Ghana Independence Day</p>	<p>16 - Apr Denmark Queen's Birthday</p>
<p>07 - Feb Grenada Independence Day</p>	<p>12 - Mar Mauritius National Day</p>	<p>17 - Apr Syrian Arab Republic National Day</p>
<p>11 - Feb Iran (Islamic Republic Of) Victory of the Islamic Revolution in Iran</p>	<p>13 - Mar Holy See Anniversary, Pontifical Ministry of His Holiness Pope Francis</p>	<p>18 - Apr Zimbabwe National Day</p>
<p>15 - Feb Serbia National Day</p>	<p>17 - Mar Ireland St Patrick's Day</p>	<p>26 - Apr Tanzania, United Republic Of Union Day</p>
<p>16 - Feb Lithuania Independence Day</p>	<p>20 - Mar Tunisia Anniversary of the Independence of the Republic of Tunisia</p>	<p>27 - Apr Netherlands Official Birthday of His Majesty King Willem- Alexander</p>
<p>17 - Feb Kosovo Independence Day</p>	<p>21 - Mar Namibia Independence Day</p>	<p>Sierra Leone Independence Day</p>
<p>18 - Feb The Gambia National Day</p>	<p>23 - Mar Pakistan National Day</p>	<p>South Africa Freedom Day</p>
<p>22 - Feb Saint Lucia National Day</p>	<p>25 - Mar Greece Independence Day</p>	<p>Togo Togolais National Day</p>
<p>23 - Feb Brunei Darussalam National Day</p>	<p>26 - Mar Bangladesh Independence Day</p>	
<p>24 - Feb Estonia Independence Day</p>		
<p>25 - Feb Kuwait National Day</p>		
<p>27 - Feb Dominican Republic Independence Day</p>		