



# ACT Multicultural Community eNews

3 April 2014 – Edition 13

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3 April

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4, 6 and 10 April

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2014 Inclusive Participation Funding Program (IPFP)  
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FREE training courses for community sector workers to assist people with gambling problems  
**24 April and 29 May**

PLURAL+ Youth Video Festival on Migration, diversity and Social Inclusion – *call for video entries*  
**applications close 27 June**

**new** Know a great Canberra woman who deserves recognition?  
**nominations close 28 November**

Canberra Refugee Support (CRS)

Rotary Club of Queanbeyan – *call for donation of prizes for 2014 World Polio Day raffle*

**new** ACT microcredit program

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**new** Centrelink's 'News for migrants, refugees and visitors' (*March 2014*)

**new** ACT Seniors eNews  
April 2014 edition now available

**new** Take ACTION for free on Game Day

AFC Asian Cup 2015 - Canberra Draws

National Days (April/May/June)

## “Out of the Ashes: Warsaw Story”

**The Embassy of the Republic of Poland**  
has pleasure in inviting you and your guest  
to the screening of a documentary movie

**“Out of the Ashes: Warsaw Story”.**  
The special guest of the evening will be  
**Professor Norman Davies.**

The screening will be held  
at the Embassy of the Republic of Poland  
7 Turrana Street, Yarralumla  
**Thursday 3 April 2014 at 5:00 pm**  
and will be followed by a Q&A session and a reception.

RSVP by 27 March 2014  
e-mail: [aucanamb@msz.gov.pl](mailto:aucanamb@msz.gov.pl)  
Telephone: (02) 6272 1000

Number of sitting places limited

*“Out of the Ashes: Warsaw Story” is a fascinating and moving documentary about the arduous and meticulous reconstruction of the capital of Poland after it was almost razed to the ground during World War II. Featuring the story of the main architect of the reconstruction effort, Mr Zbigniew Krawczyński and his son Mark, who after years returns to Warsaw and strolls the streets of the Old Town rebuilt by his father, the movie demonstrates the main characteristics of Polish culture: its vitality, endurance, courage, determination, spirituality and high moral and ethical standards.*

## 10th Latin American Film Festival

The Latin American Embassies in Canberra are proud to present the 10th Latin American Film Festival, which will be held at the National Gallery of Australia from **3-14 April 2014**. [See program details](#)

This April, immerse yourself in the best of contemporary film from Latin America at the National Gallery of Australia – and best of all, it's free!

The 10th Latin American Film Festival is proudly presented by the Latin American embassies, and this year the Festival is hosted by Peru – an exciting link with the Gallery's current exhibition [Gold and the Incas](#).

Each of the 12 films will be screened twice, once at the matinee time of 2.30pm, and in the evening at 6.30pm.

The festival will present a selection of 11 films from all over Latin America, including international award winning pieces and featuring some of the most exciting and creative productions to reach the big screen in recent years.

**Tickets:** Free

**Where:** James O Fairfax Theatre, National Gallery of Australia, Canberra, Parkes Place, Parkes

**Other:**

- Limited numbers, no bookings required
- All screenings R18+
- All films are subtitled

## AUDI Festival of German (language) Film

This year's Austrian Film at the AUDI Filmfest is nothing for the faint-hearted: In Blutgletscher - THE STATION, a climate research team on a remote station in the Austrian Alps experiences the wrath of mutant creatures apparently infected by toxic substances released by a melting glacier. In Canberra on **Friday 4 April, 8.30** at Palace Electric Cinemas, New Acton

<http://www.goethe.de/ins/au/lp/prj/fia/ffg/dat/en12351538.htm>

[www.blutgletscher.at](http://www.blutgletscher.at)

On **Sunday 6 April, 6.30pm**, beloved Austrian actor Justus Neumann has been invited back to Canberra by the Goethe Institute Australia to perform his award-winning theatrical reading of Karl Kraus' "Last Days of Mankind" as a Fringe event at the AUDI Festival (see attached flyer).

<http://www.goethe.de/ins/au/lp/prj/fia/ffg/dat/en12435251.htm>

## Shen Yun 2014 in Canberra

We are a group of local supporters with an aim to promote traditional Chinese culture and values in Canberra. We are currently promoting the world class show **Shen Yun** Performing Arts from New York that is coming to Canberra in April this year.

Shen Yun weaves a wondrous tapestry of heavenly realms, ancient legends, and modern heroic tales, taking you on a journey through 5,000 years of Chinese culture. Its stunning beauty and tremendous energy leave audiences uplifted and inspired.

A Shen Yun performance features the world's foremost classically trained dancers, a unique orchestra blending East and West, and dazzling animated backdrops—together creating one spectacular performance.

CLASSICAL CHINESE DANCE has helped preserve 5,000 years of Chinese culture. Built on traditional aesthetics, it was once passed down among the people, in imperial courts, and through ancient plays. Over thousands of years, it was constantly refined, eventually developing into the vast and distinctly Chinese dance form we know today.

Classical Chinese dance has its own set of training methods in basic skills and has strict training in both physical expression and specific postures. It also involves learning combinations of leaps, turns, flips, spins, and other aerial and tumbling techniques. It is a vast and independent system of dance.

Each season, Shen Yun produces an all-new show and tour with it around the globe, performing at the world's top venues—Lincoln Center in New York, Kennedy Center in Washington, the London Coliseum; our Shen Yun Symphony Orchestra has played at Carnegie Hall and this year is touring other revered concert halls across the United States.

Shen Yun's sold-out audiences include star actors, fashion leaders, government VIPs, and international celebrities. We look forward to seeing you among them at one of their next shows!

*Donna Karan, creator DKNY: "Mesmerizing, Reclaiming the divinely inspired cultural heritage of China."*

*Cate Blanchett, Academy Award winning Actress: "Exquisitely beautiful. An extraordinary experience."*

**When:** Friday 4 April (7.30pm) and Saturday 5 April (2.00pm and 7.30pm)

**Venue:** Canberra Theatre Center, Civic Square, London Circuit

**Cost:** \$150, \$120, \$100, \$80, \$60 + \$3.30 transaction fee applies

**Contact:** Xuan, 0410 001 212, [xuan.kate@iinet.com.au](mailto:xuan.kate@iinet.com.au)

HOTLINE: (02) 62752700

**Website:** [www.shenyun.com/Canberra](http://www.shenyun.com/Canberra)

[www.canberratheatrecentre.com.au](http://www.canberratheatrecentre.com.au)

## AUSTRALIAN CITIZENSHIP TEST – Study Course

English For Work at Canberra Technology Park is offering a 4 hour training session to help people prepare for the Australian Citizenship Test. The course will be held monthly beginning **Saturday 5 April 2014**. All training materials are based on the Department of Immigration and Border Protection resource book *Australian Citizenship – Our Common Bond*. English as a Second Language support will be provided.

For more information please call **0458 266 311**. Concessions available for health card holders.

## Celebrate Yarralumla Nursery's 100th birthday

Canberrans have the opportunity to celebrate Yarralumla Nursery's 100<sup>th</sup> birthday at a special community event from 10am to 3pm on **Sunday 6 April 2014**. The event will be held at Weston Park, Yarralumla, off Banks Street.

Yarralumla Nursery is one of Canberra's most important heritage sites and is recognised as the birthplace of the 'garden city'. It is estimated that since its establishment in 1914, the Nursery has propagated over 50 million plants to help beautify Canberra's landscape.

The special birthday event will feature a wide range of activities including:

- bus tours of the nursery site
- vintage car displays
- displays of old machinery used at the nursery
- miniature horse rides
- hands-on plant potting for children
- performances by the Sing Australia choir
- Canberra carousel organ display/performances
- face painting
- food and drink

The event is part of the ACT Heritage Festival and it has been organised in conjunction with the National Trust. Entry is by gold coin donation (towards the National Trust).

For more information on the event please visit [www.tams.act.gov.au](http://www.tams.act.gov.au) or call 13 22 81.

## Concert at the Embassy of Finland

Coming to the Embassy of Finland directly from his concert with the Melbourne Symphony Orchestra (5 April) - Metropolis New Music Festival - Finland's acclaimed opera baritone, **Juha Kotilainen**, sings for us accompanied by talented young pianist **Joel Papinoja**.

**Concert: On Monday 7 April 2014, at 7 pm**

**Venue: Embassy of Finland, 12 Darwin Avenue, Yarralumla**

**Program:**

Jean Sibelius (1865-1957): Songs to be announced

Toivo Kuula (1883-1918): Songs to be announced

Einojuhani Rautavaara (1928- ): Sydämeni laulu (Song of My Heart)

Kimmo Hakola (1958- ): Kivi-laulut (Kivi Songs)

Jukka Ollila (1960- ): A Twisted Mirror (William Blake songs)

Tickets at \$35.00 or \$30.00 (conc.) can be booked through Ewa Walczuk, Embassy of Finland, Telephone: 02-62733800 or email: [ewa.walczuk@formin.fi](mailto:ewa.walczuk@formin.fi)

*The tickets to be paid for in cash at the door before the concert.*

Bookings are also being taken for the concert of the Jukka Perko Avara Trio at the Embassy of Finland on Tuesday 10 June 2014 - start 7.00 pm.

## Tiddas

On **Thursday 10 April 2014 at 5.45pm** at Paperchain Bookshop, 34 Franklin Street, Manuka, Australian author Anita Heiss (of Aboriginal and Austrian descent), will launch her latest Novel "Tiddas", a story about what it means to be a friend.

Please RSVP by Monday 7 April 2014 to [info@paperchainbookstore.com.au](mailto:info@paperchainbookstore.com.au)

## Our Voice Our Impact – Youth InterACT Forum

The ACT Youth InterACT Forum for young people aged 15 to 25, to be held on **Friday 11 April 2014** at the ACT Legislative Assembly, 196 London Circuit, Canberra, from 8.45am to 3pm.

The Forum is held as part of National Youth Week and the theme this year is **'OUR VOICE, OUR IMPACT'**. The event will focus on how young people can use their voices to create change both within their community and on a government level. The Forum will be co facilitated by members from the ACT Youth Advisory Council, and will also feature keynote speakers and a discussion panel with prominent people from the ACT Government in the ACT Legislative Assembly Chamber, followed by an interactive session which will be an opportunity for participants to further explore key issues around youth engagement and participation at a government level.

The Minister for Disability, Children and Young People, Ms Joy Burch, MLA, will be provided with a report based on the outcomes of the forum.

The Youth Advisory Council invites, individuals, ACT Student Representative Council representatives from all Public, Catholic and Independent schools, Youth Led organisations, and Student Associations to participate in this forum.

Registration forms are available at [www.youth.act.gov.au](http://www.youth.act.gov.au). **Please note** registrations close **Friday, 4 April 2014**.

For further information and to reserve places for your members please contact Ms Denise Bridges on 6205 3064 or via email to [denisemaree.bridges@act.gov.au](mailto:denisemaree.bridges@act.gov.au).

## White Nile Fundraising Dinner

Support White Nile in a traditional South Sudanese dinner to raise funds for food and health supplies for their villages in Twic East (South Sudan).

**When:** Saturday, 12 April, 6pm to 9pm

**Where:** Function Room, Level 2, Theo Notaras Multicultural Centre, 180 London Circuit, Canberra City

**Cost:** \$50 per person (cash at door only).

Contact Salar Ayoubi to reserve your tickets.

Telephone: 6207 1380

Email: [Salar.Ayoubi@act.gov.au](mailto:Salar.Ayoubi@act.gov.au)

**RSVP: Thursday 10 April 2014 (4pm)**

## Lambing Flat Chinese Festival

The ACT Branch of the Australia China Friendship Society is planning a visit to Young (NSW) on **Saturday 12 April 2014** for the staging of the Lambing Flat Chinese Festival. The Society has hired a bus and spare seats are available at a cost of \$25 per person. We will depart at approx 9am and leave Young at approx 5pm. The Lambing Flat Chinese Festival marks its turbulent gold rush history, the riots of 1861 and the important contribution of the Chinese in the development of Australia. The festival will feature Chinese Lion Dancing, Chinese food stalls, Tai Chi, Hilltops Wine Expo, market stalls, and a gold trail documentary.

If you would like to come please email [acfsevent@gmail.com](mailto:acfsevent@gmail.com) as soon as possible.

## Australian Running Festival – *volunteers required*

**When:** 12-13 April 2014

**Where:** Canberra (Near Parliament)

**Volunteering Times:** Times vary but start times range from 5-6:30am, end times 11am-1pm

**Roles:** Drink Stations, baggage, medals, start marshals, course marshals, and finish marshals

**\*\*None of these roles are too laborious, but just require people that are willing to help out and have a good time. As a thank you to our volunteer groups we make a donation back to the club for each person provided.**

For more information go to [runningfestival.com.au/volunteers](http://runningfestival.com.au/volunteers)

## Rally for Refugees

Break the silence march on Palm Sunday. Add your voice to community, church, political and union groups calling for justice and compassion for refugees and asylum seekers.

**When:** Sunday 13 April 2014, 1.00pm

**Where:** Garema Place

## Canberra's (Inter)National Folk Festival

Established in 1967, the National Folk Festival is recognised as Australia's leading festival of contemporary and folk music. The National is held over the Easter weekend in Canberra and is one of Australia's biggest and longest running festivals. The 2014 Festival has over 200 acts from around the planet – encompassing all facets of folk from acoustic, blues, roots, traditional, bluegrass to world , gypsy, klezmer and much, much more.

This year thanks to support from the ACT Government a highlight of the Festival will be a showcase of Indigenous performers including national treasure Archie Roach.

The following is a selection of the international music and dance that will be on show.

**Alaska String Band (USA)** are a gifted family of multi-instrumentalists often swapping instruments throughout a performance including guitars, fiddles, mandolins, dulcimer, banjo, bass, ukuleles and percussion; knitting it together with signature vocal harmonies

**Australian Chinese Music Ensemble** Led by master of the Sheng, Wang Zheng-Ting the Australian Chinese Music Ensemble consists of four of Australia's leading Chinese traditional instrumental musicians. They perform traditional and contemporary Chinese music

**Damien Dempsey (Ireland)** The Greatest Irish Singer of his Generation. Damien Dempsey mixes traditional Irish folk with contemporary lyrics.

**Fásta (Ireland, Québec & Scotland)** Featuring musicians from Ireland, Québec & Scotland, Fásta remains true to its roots. With a selection of reels, jigs, and songs in Irish, French and English, the band bridges the three celtic cultures.

**Fiona Ross (Scotland)** Fiona Ross has performed traditional Scots songs and ballads throughout Scotland and internationally, including the Tradition-Bearer concert series of Glasgow's prestigious Celtic Connections.

**Joseph Tawadros Trio** Internationally acclaimed Egyptian-Australian oud player, Joseph Tawadros, won the 2012 ARIA for 'Best World Music Album'. Praised for his "now legendary oud skills" and composing almost all pieces, Joseph's unique voice crosses boundaries of world, middle-eastern, jazz and classical genres.

**Karavana Flamenca (Spain)** plays rumba flamenca, traditional flamenco and Cuban music with fire! The gut-wrenching Spanish/Romani vocals, wild rhythms and soulful Moorish melody of oud and flamenco guitar spell "Fiesta" every performance.

**Lindi Ortega (Canada)** Lindi Ortega is armed with an inimitable singing voice, the Independent hails as "a truly magnificent instrument," and a heart bursting with creative ambition, she has received nominations for both the Juno Awards and the Polaris Prize.

**Riley Lee & Jeff Peterson (USA)** Shakuhachi Grand Master Riley Lee is once again joined in concert by Grammy-winning slack key guitarist Jeff Peterson from Hawai'i. They frequently perform in Hawai'i to sell-out audiences, but have played in Australia only twice before.

**Santa Taranta** plays traditional music from southern Italy. Their musical styles include Pizzica, Tammurriata and Stornelli, as well as Polkas from the barbershop and the occasional serenade d'amore.

**Souleiado** French Dance Group: Souleiado lives up to its namesake meaning 'sunny' in presenting the traditions of southern France with warmth and effervescence. They specialise in dances from Occitania and the French Basque and Catalan regions,

**Tángalo** is a vibrant modern tango quintet, combining the emotion of golden-age tango with a contemporary aesthetic,

**Valanga Khoza and South African Jive** feature rich vocal harmonies, soulful saxophones and lilting tones of kalimba, rhythmic guitar and irresistible dance grooves. The songs are from their new album as well as some old favourites that range from township jive to haunting traditionally inspired melodies.

For more information on the many visiting and local artists see [www.folkfestival.org.au](http://www.folkfestival.org.au)

## Canberra Refugee Support (CRS) – Fundraising Dinner

CRS invites you and your friends to a

**Fundraising Dinner**

at the

**Hellenic Club's Olympus Room**

**Matilda Street, Woden ACT**

on

**Thursday 1 May 2014**

6.30PM for 7PM

Guest Speaker

Professor William Maley AM

Director, Asia-Pacific College of Diplomacy at the ANU

\$60 per person for a two course dinner (Main & Dessert)

Drinks from the Bar – pay as you go

Please pay by EFT or cheque by 23 April 2014

(MC tba)

*Bookings are essential. Single places or tables of up to 10 are available.*

*Book a table for family, friends or colleagues.*

*Cancellations: please note that cancellations will need to be paid for after 1 May 2014.*

**All proceeds to Canberra Refugee Support Inc**

*Please RSVP (including any special dietary requirements) by email*

*([crsfundraisingdinner2014@gmail.com](mailto:crsfundraisingdinner2014@gmail.com)) not later than 23 April 2014. If you are part of a group wishing to sit together please let us know the details by email.*

**EFT Payment to: A/C Name: Canberra Refugee Support Inc by 23 April 2014**

**Service One Credit Union**

**BSB: 801 009**

**Account #:001159259**

**Reference: Hellenic Dinner**

**Cheque Payment to: CRS, PO Box 3444, Weston Creek ACT 2611 by**

**23 April 2014**

***Please Note: we need an email from you if you pay by EFT or Cheque plus a postal address for a receipt.***

***Enquiries: Colleen Fox (phone 6288 3153 or 0424 030 015; email [colleenmact@gmail.com](mailto:colleenmact@gmail.com))***

## CALDWays 2014 'Collaboration for Success' Regional Forum

**When:** **Tuesday 6 May 2014**, 9.00am to 4.30pm

**Where:** Rydges Lakeside, Canberra

### REGISTRATIONS NOW OPEN!

Exploring the importance of partnerships and collaboration in developing innovative approaches to culturally appropriate aged care.

This free one day event is for aged care providers, community organisations, consumer bodies and individuals with an interest in aged care in culturally and linguistically diverse (CALD) communities

*Discuss your experiences and new ideas with others in the CALD ageing sector. Learn from practical and motivating examples of how a collaborative approach to aged care is increasing access to quality aged care services and information in CALD communities.*

This is a FREE event. Numbers are limited. Registration is essential.

To register:

<https://register.eventarc.com/21349/caldways-2nd-annual-regional-forum-collaboartion-for-success>

Contact: PICAC NSW & ACT

Phone: (02) 4227 4222

Email: [caldways@picacnsw.org.au](mailto:caldways@picacnsw.org.au)

Website: [www.picacnsw.org.au](http://www.picacnsw.org.au)

The Partners in Culturally Appropriate Care (PICAC) Program is funded by the Australian Government's Department of Social Services and auspiced by the Multicultural Communities Council of Illawarra.

## Home Business Career Information Seminars

Working from home has become an exciting way to earn a living for many women in Australia while also charting a new course for their future and financial independence through business ownership.

ACT Community Services through the Office for Women-Return to Work Grant and Lighthouse Business Innovation Centre have joined together to help entrepreneurial women who currently are on low incomes in the ACT plan for and develop their ideas for home-based businesses.

Join us for a **free** information seminar and learn more about:

- How to plan, start and grow business ideas and models
- Business and marketing basics and resources
- Support for women on low incomes through ACT Return to Work Grants and the ACT Microcredit program including no-interest and low fee microcredit loans and mentoring.

Guest speakers include specialists in business areas and experienced entrepreneurs.

### When:

**Online Business**

2 June 2014

10am – 2pm

**Business Models**

30 June 2014

10am to 2pm

**Our Stories**

14 July 2014

10am to 2pm

**Where:** Function Room, Level 2, Theo Notaras Multicultural Centre, 180 London Circuit, Canberra City

**RSVP:** Bookings are essential! Email [enquiries@lighthouseinnovation.com.au](mailto:enquiries@lighthouseinnovation.com.au) or call 1300 365 514

## 2015 National Multicultural Festival

The 2015 National Multicultural Festival has been confirmed for 13-15 February 2015. For further updates over the coming months, please visit the official Festival website at:

<http://multiculturalfestival.com.au/about-us/>

Notices ↓...

## 2013-2014 ACT Aboriginal and Torres Strait Islander Grants, Second Round of Scholarship Grants - Now Open

The Office for Aboriginal and Torres Strait Islander Affairs (OATSIA) is pleased to announce the opportunity for ACT Aboriginal and Torres Strait Islander individuals to apply for once-only financial support to encourage greater participation of ACT Aboriginal and Torres Strait Islander people in the community. The Leadership, Cultural and Scholarship grants aim to promote cultural diversity and social harmony for ACT Aboriginal and Torres Strait Islander people and support the development of capability and cultural competence within the ACT community.

### **SCHOLARSHIP GRANTS      Total funding available \$59,500 (GST exclusive)**

To encourage and support ACT Aboriginal and Torres Strait Islander people to study and ultimately be employed in the local sector.

OATSIA will accept applications until **12 noon Tuesday, 8 April 2014**. Late applications will not be considered.

To obtain the Guidelines and Application Form:

- Please go to the ACT Government website: <http://www.communityservices.act.gov.au/atsia/grants> ; or
- Email [dhcscontractsandgrants@act.gov.au](mailto:dhcscontractsandgrants@act.gov.au) or phone (02) 6207 9032.

## 2014 Inclusive Participation Funding Program (IPFP)

The 2014 Inclusive Participation Funding Program (IPFP), administered by Sport and Recreation Services (SRS), will open at 9am on Friday, 14 March 2014 with applications to be accepted until **11pm on Friday 18 April 2014**.

Projects will be funded from \$2,000 to \$10,000 for the 2014/15 financial year.

For more information on the IPFP please visit the SRS website at

[http://www.economicdevelopment.act.gov.au/sport\\_and\\_recreation/support/grants](http://www.economicdevelopment.act.gov.au/sport_and_recreation/support/grants).

If you have any questions regarding the IPFP and/or wish to discuss your application please contact Philip Turini ([philip.turini@act.gov.au](mailto:philip.turini@act.gov.au); 6207 2076).

## FREE training courses for community sector workers to assist people with gambling problems

As you may be aware, the ACT Gambling and Racing Commission regularly runs free introductory level training courses for community sector workers to assist people who may have problems with gambling. Following the success of the *'Engaging People to Talk about Problem Gambling Issues'* training course (formally known as *'Opportunistic Interventions in the Problem Gambling'*) the Commission is introducing *'Beyond Smoke and Mirrors'*, an intermediate level course which builds on the knowledge and skills developed in the earlier course.

Community sector workers who attended the earlier course are encouraged to attend *'Beyond Smoke and Mirrors'*. Attendance at the earlier introductory course is not mandatory.

Details and dates for both courses are provided below. These courses are being run at regular intervals throughout the year, starting in February. If you were unable to attend the *'Engaging People to Talk About Gambling Issues'* training last year or know of someone else who would benefit from either course, please feel free to pass on this email and sign up via return email.

Bookings can be taken for the entire year and morning tea and lunch are provided free.

### ENGAGING PEOPLE TO TALK ABOUT PROBLEM GAMBLING ISSUES

Level: Introductory

Many people with gambling problems seek help for other problems such as financial difficulties, relationship, housing, mental health or drug and alcohol problems before seeking help for their gambling problems. It is likely that community sector workers in these non gambling specific areas will encounter people with gambling problems. This training will increase awareness and skills for these workers equipping them to help their clients begin the process of change.

The workshop will cover the following topics:

- Recognising problem gambling
- Raising the issue of gambling
- Assessment of gambling and related concerns
- Measuring readiness for change in relation to gambling
- Working with reluctance and resistance to changing gambling
- Overview of best practice in the gambling context
- Gambling specific referral options

This free one day course run by the Centre for Continuing Welfare Training will be held at Woden CIT, Ainsworth Street Phillip ACT, on **Thursday 24 April 2014 from 9:00am to 4:30pm**. Tea/Coffee, morning tea and lunch are provided.

Additional training courses are also being run in 2014 on Wednesday 4 June, Wednesday 20 Aug and Friday 3 October.

For more information or to book a place at the course for any day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or [alexander.ingham@act.gov.au](mailto:alexander.ingham@act.gov.au)

## BEYOND SMOKE AND MIRRORS: DEALING WITH PROBLEM GAMBLING

Level: Intermediate

The *'Beyond Smoke and Mirrors'* training course provides participants with an understanding of the reasons why their clients may not disclose their problems with gambling or may not fully disclose the extent of the problem. An understanding of the reasons for and the mechanisms of deception can also assist non specialist community sector workers and counsellors work more effectively with clients affected by the gambling problems of a family member. The background for this material is drawn from the experience of financial, legal, welfare, and personal counsellors who work with the negative consequences of problem gambling.

The topics covered include:

- Gambling and the gambler's experience
- Problem gambling
- The cycle of problem gambling
- The hidden downside of problem gambling
- Common patterns of deception
- Protection and support for partners, families and children
- Working with deception both conscious and unconscious
- Gambling counselling
- Crisis strategies and referral sources for clients in crisis
- Referral pathways and resources

This free one day course run by the Centre for Continuing Welfare Training will be held at Woden CIT, Ainsworth Street Phillip ACT, on **Thursday 29 May 2014 from 9:00am to 4:30pm**. Tea/Coffee, morning tea and lunch are provided.

Additional training courses are also being run in 2014 on Thursday 28 August and Thursday 27 November.

For more information or to book a place at the course for any day please contact Alex Ingham at the ACT Gambling and Racing Commission on 6207 0305 or [alexander.ingham@act.gov.au](mailto:alexander.ingham@act.gov.au)

## **PLURAL+ Youth Video Festival on Migration, diversity and Social Inclusion – call for video entries**

New York, NY (February 13, 2014)-- The United Nations Alliance of Civilizations ([UNAOC](#)) and the International Organization for Migration ([IOM](#)) invite YOU to submit original and creative videos focusing on PLURAL+ themes: Migration, Diversity and Social inclusion.

Recognizing youth as powerful agents of social change in a world often characterized by intolerance, and cultural and religious divisions, PLURAL+ invites youth to address key challenges and opportunities related to social inclusion and cohesion, migrant integration, respect for identity, diversity, and human rights, both at local and global levels. Young people up to 25 years old are invited to submit short videos of five minutes maximum in length.

The UN High Representative for the Alliance of Civilizations, Mr. Nassir Abdulaziz Al-Nasser, says that PLURAL+, provides youth around the world with the opportunity to submit real stories told by real people, which when widely disseminated "would help foster intercultural dialogue and understanding, respect for diversity and tolerance."

Matthew Hodes, Director, UNAOC, said “PLURAL+ videos provide powerful narratives that help advance this critical conversation: how to build more inclusive societies where we can all live together in harmony.” Michele Klein-Solomon, Permanent Observer to the United Nations, IOM, added “PLURAL+ videos touch very sensitive issues in a very real way. They look at the realities that people are facing; we like to see young people expressing their profound ideas in a manner that allows the opening of a dialogue.”

Nico Daswani, a member of the PLURAL+ 2013 International Jury commented, “The imagination, craftsmanship and care reflected in such a diversity of videos submitted from around the world is an indication that there is an entire generation of people determined to create and shape the world they live in. We should all be working towards helping unleash that creativity.”

PLURAL+ supports young people’s expression of their opinions by providing them with a variety of media platforms and distribution networks, including broadcasts, video festivals, conferences and events around the world. PLURAL+ not only provides young people with an effective platform to express themselves on key migration and diversity issues, but also reinforces the firm belief of IOM and UNAOC that youth are powerful and creative agents of social change.

A prestigious international jury will select three winners in each age category (9-12, 13-17, 18-25). International Jury winners will be invited to New York, all travel expenses paid, to present their work at the PLURAL + 2014 Awards Ceremony at the Paley Center for Media in December 2014.

PLURAL+ partner organizations will also award other prizes and professional opportunities, such as winning participants presenting their work at film and video festivals, conferences and events around the world.

The PLURAL+ 2014 deadline for video submission is 27 June, 2014. Further information, including guidelines, regulations, awards, and the entry form can be found at the PLURAL+ website at: [www.unaoc.org/pluralplus](http://www.unaoc.org/pluralplus)

You can watch PLURAL+ 2013 award winning videos [here](#)

**PLURAL+** is organized by the [United Nations Alliance of Civilizations](#) and the [International Organization for Migration](#) with the collaboration of many [international partners](#), including: Red UNIAL, Gulen Institute, MTS Travel, SIGNIS, Global Block, Humanity Without Borders Foundation, Television America Latina (TAL), Universal Forum of Cultures Foundation, NEXOS Alianza, CHINH India, Turkish Cultural Center of New York, COPEAM, Without Borders Film Festival, IAAI GloCha, Doha Center for Media Freedom, CNTV Chile, Paley Center for Media, Amara, Scalabrini International Migration Network, IUEDESP, Balkan Media Education Centre, Waging Nonviolence, IOM Migration Research and Training Centre, Anna Lindh Foundation, UN Television, RAI TV Scuola, GoodnessTV, Cine y Salud, Global Film Initiative, Insight Festival, UNICEF and MTV Exit.

**For more information, please contact:** [plural@unaoc.org](mailto:plural@unaoc.org)

Or find PLURAL+ on: [Twitter](#) [Facebook](#) [YouTube](#) [Vimeo](#) [GoodnessTV](#) [Amara](#)

## Know a great Canberra woman who deserves recognition?

Know a dynamic woman whose input and ideas have benefited the Canberra community? Nominations are now open for the 2015 ACT Women's Awards.

We'd like to hear about women – of all ages and all backgrounds – who have helped to make a difference in our community.

The awards provide an opportunity for the whole community to recognise and celebrate the achievements of women in our city.

This year, Wiradjuri woman and Aboriginal rights campaigner Katrina Fanning was awarded ACT Woman of the Year for her work in championing the rights of Australia's first peoples in the areas of employment and housing.

The ACT Women's Awards honour individual women who have demonstrated courage and who have made an outstanding contribution to the lives of women and girls in the ACT.

The ACT Government is committed to building a community where women and girls equally and fully participate in the economy, their community and their city.

Categories include Young Woman of the Year and Senior Woman of the Year.

All nominees will automatically be considered for ACT Woman of the Year. Nominations close on **28 November 2014**. The awards will be announced during 2015 International Women's Day celebrations.

To obtain a nomination form, or for more information, contact the ACT Office for Women on 6205 0515 or via email at [women@act.gov.au](mailto:women@act.gov.au)

## Canberra Refugee Support (CRS)

Canberra Refugee Support (CRS) is a community organization that assists asylum seekers and refugees in Canberra. We take a comprehensive approach to the needs of the individuals and families we support, and assist with advocacy where needed. We also help to support refugees financially where we can.

### CRS 2014 Fundraising Campaign

CRS is broadening its fundraising activity in 2014, and has launched a campaign to enable us to continue our support to individuals and families whose access to financial entitlements and/or employment remains uncertain for indefinite periods. Donations will assist with rent, food, education and other necessities. Financial assistance is provided in the context of a comprehensive, support-team-based approach.

If you would like to make a donation to help CRS provide urgently needed financial support, you can do so by one of the methods set out below.

EFT Payment to:      Account Name: Canberra Refugee Support Inc  
Bank: Service One Members Banking  
BSB: 801 009  
Account #: 001148333  
Reference: your surname + 'campaign'

Cheque Payment to: CRS PO Box 3444, Weston Creek ACT 2611

Send an email to: [actrefugee@gmail.com](mailto:actrefugee@gmail.com), with details of the amount of your donation, and your name and postal address, so that we can identify the source of the donation and send you a tax-deductible receipt for the relevant amount.

**Fundraising Activities March-June 2014:** CRS fundraising activities in coming months are:

**CRS Fundraising Dinner, 1 May 2014, Hellenic Club:** CRS is holding its major Fundraising Dinner for the year at the Hellenic Club in Woden on 1 May 2014. Arrangements for booking and purchasing tickets, and for obtaining further information, are set out in the attached flyer.

**CRS Scholarships Program 2014**

The CRS Scholarships Program, which arranges scholarships for asylum seeker and refugee students to mark UN World Refugee Day in June each year, is an important and popular component of our annual calendar. CRS has a small team working to raise funds and plan the 2014 Scholarship event on **16 June 2014**.

**Rotary Club of Queanbeyan – call for donation of prizes for 2014 World Polio Day raffle**

The Rotary Club of Queanbeyan are in the planning stages for its 2014 World Polio Day raffle and are seeking donations of prizes large and small.

The raffle will be drawn at their Polio Day dinner in October.

Last year the Club raised over \$1000 from this event, and hopes to do the same again this year.

If you can help, please contact Natalie Jupe at the Rotary Club by emailing: [qbnrotary@gmail.com](mailto:qbnrotary@gmail.com)

**ACT microcredit program**

***no-interest and low-interest loans for eligible applicants to start or grow a business***

The ACT Microcredit Loan Program provides a limited number of no-interest and low-interest loans from Westpac for eligible applicants who wish to start or expand an existing business. The Lighthouse program includes:

- Business skills development
- Individual mentoring
- Peer support
- Access to networking events.

Key target groups include Aboriginal and Torres Strait Islander people, migrants, young people, women and lesbian, gay, bi-sexual, transgender and intersex individuals on low-incomes.

Attendance at the Orientation Session or viewing it online is compulsory for all interested applicants. Competitive loans are granted based on satisfying selection criteria.

For more information visit the website [www.actmicrocredit.com.au](http://www.actmicrocredit.com.au) or telephone 1300 365 514.

## Let's Read program helping Canberra families

*Let's Read*, a program that supports Canberra parents to read with their children starting from birth, was launched on 26 March 2014 by Minister for Children and Young People Joy Burch.

This initiative, developed by Melbourne's Royal Children's Hospital Centre for the Community Child Health, was founded on the basis that reading with children from birth is an important activity in developing a child's future ability to read and write.

The *Let's Read* program has already seen significant and measurable improvements in child literacy in other parts of Australia.

I am delighted this successful program has come to Canberra, with the Tuggeranong Child and Family Centre, The Smith Family and Communities at Work working together to help families.

Under *Let's Read's* share and show approach, staff at Tuggeranong Child and Family Centre and Communities at Work will visit homes as part of the existing Parents as Teachers program. They will read a book with the child, with parents initially observing and then repeating the process themselves.

The families keep the books, with books given at age groups birth to four months, 12 months, 18 months and 3.5 years.

Books will also be given out at playgroups such as Learn Giggle and Grow, Young Mums and Parents Opportunity to Participate in Play with their Young (POPPY), and Multicultural group at the Tuggeranong Child and Family Centre.

For more information on the *Let's Read* program, phone Tuggeranong Child and Family Centre on 6207 8228.

## Travel health research project – study participants required

Australians head overseas in record numbers and the trend is set to continue. In the 12 months ended December 2012, 8.3 million Australians travelled overseas - 40% of them to developing countries. It is thought that 50% of travellers from countries overseas complain of travel-related illness, whereas 10% consult a doctor on their return. Much of the travel-related illness and injury can be prevented.

Researchers at University of Canberra are investigating the requirements for international travellers with chronic medical conditions. Information from this project will inform strategies and health recommendations when preparing for international travel.

### Heading overseas?

If going overseas for a few days or months, we are interested to hear from you.

Whether you are planning a get-away holiday, backpacking, a business trip or just going to visit friends and relatives, authorities recommend you think about potential health risks before you leave Australia.

This project aims to educate the travelling public about health issues related to international travel. Participants will be provided with health recommendations to prevent illness and injury during the trip.

At **no charge**, attend a pharmacist conducted pre-travel health consultation at a participating community pharmacy in the Canberra region.

### Eligibility:

- Heading overseas BEFORE July 2014
- Taking regular medications for a diagnosed medical condition
- Above 18 years of age.

Participants will be given a Westfield gift voucher for recognition of their time. For more information about the project and study and to sign up, please contact:

Moses Mutie  
University of Canberra  
Location 12D43  
Phone 62015897, mob 0410880675  
Email: moses.Mutie@canberra.edu.au

## German Playgroup

### **Spiel und Spagat!**

**Für Kinder im Alter von 0 bis 3 Jahren plus Begleitpersonen**

**For children 0 to 3 years and their parents/carers**

**Wir treffen uns dienstagnachmittags 15 bis 17 Uhr**

**Join us Tuesday afternoons from 3 pm to 5 pm**

**Weston Creek Playgroup Association,  
Gavin Place, Chapman**

**(Where to find us:**

**<http://www.westoncreekplaygroups.websyte.com.au/site.cfm?/westoncreekplaygroups/>)**

**Contact person: Kristina Wolf, kw@lingua-direct.com**

## Calvary Hospital's Refugee Mentoring Program – *calling for expressions of interest*

The Refugee Mentoring Program aims to provide people with a refugee background and/or their children with the opportunity to gain some experience in an Australian workplace. The intention is to assist them gain a clearer idea of the career direction they might wish to pursue and what study might be necessary to achieve this.

It is also seen as a way of enhancing the participant's self esteem, assisting participation in the community and fostering networks towards enabling effective and satisfying engagement within the Australian social and cultural context.

The Refugee Mentoring Program is implemented under the direction of the Program Coordinator who has responsibility for the day-to-day running of all aspects of the program.

Oversight for the project is provided by representatives of the local refugee support network who meet quarterly to offer guidance and consultation to the project.

Calvary staff volunteer to become mentors. They participate in Cultural Awareness and Mentor Training to prepare them for their role.

They liaise regularly with the Program Coordinator during the conduct of their role. Most work areas of the hospital have at least one trained mentor so that a wide range of work experiences are available to participants.

Placements have been conducted in administrative areas such as Human Resources, Organisational Development as well as clinical areas, pharmacy and IT.

Placements are designed to be flexible and are planned around the needs and availability of the participants. They may be scheduled as a fulltime placement across a series of consecutive weeks or as a number of hours per day or week across a more extended period.

The placement may be focused in one particular work area or include a range of different work areas if the participants desires a variety of experiences.

Participants complete an induction process which includes Career Counselling to establish their goals and desired outcomes from the work placement.

**Calvary seeks Expressions of Interest from the local refugee support network for participants in the program.** Suggested participants will complete an application process with the support of their support agency. There is no cost to agencies or participants.

All participants must be sponsored by an appropriate agency, such as Companion House, CIT, CRS, MARSS etc, and have a designated liaison person within that agency with whom the Project Coordinator can keep in contact.

Alternatively if you wish to refer someone to the program you can make contact directly with the Program Coordinator:

**Erin Kelly**  
**Ph: 6201 6369**  
**Mob: 0467 789 682**

## **Living a Healthy Life with Long-term conditions – a six session course**

### **Healthy Weight Action Plan Announcement**

Do you have a chronic health condition? Any condition lasting six months or longer such as asthma, arthritis, cancer, obesity, diabetes, chronic pain or heart disease.

Does this condition:

- prevent you from living life as you would like?
- cause you stress?
- impact your relationship?

If you answered yes, you are eligible to participate in this FREE self management course, delivered by the Health Directorate.

The course is also open to carers/partners/friends of anyone with a chronic or long-term illness.

Topics covered on the six session course includes pain and fatigue management, cognitive symptom management, dealing with negative emotions, communicating with health providers, physical activity, healthy eating, action planning, problem solving and peer support.

Course leaders include a health professional and a person with a long-term condition who has completed leader training.

The course schedule and flyer can be accessed using the below link:

[https://actgovssc.custhelp.com/app/answers/detail/a\\_id/2002](https://actgovssc.custhelp.com/app/answers/detail/a_id/2002)

### **Further information**

For further information regarding this course, please contact Community Health Intake, Health Directorate on (02) 6207 9977 or email [SelfManagement@act.gov.au](mailto:SelfManagement@act.gov.au).

## Centrelink's 'News for migrants, refugees and visitors' (March 2014)

Visit Centrelink's website for the latest news for migrants, refugees and visitors.

To read complete stories and for more detail, click on to this link:

<http://www.humanservices.gov.au/customer/themes/migrants-refugees-and-visitors>

You can also subscribe to News for migrants, refugees and visitors and you will be sent news highlights once a month. You can opt out at any time.

Each new update will give you access to all of the latest news regarding Centrelink's payments and services relevant to people from a culturally and linguistically diverse background.

## ACT Seniors eNews

The April 2014 edition of the monthly Newsletter of the ACT Office for Ageing, which aims to keep older Canberrans informed about relevant services, activities and events, is now available.

It will also appear on our website within a couple of days at:

<http://www.communityservices.act.gov.au/wac/ageing/e-news>

We value your thoughts and ideas about what you would like to see included. If you would like to provide feedback, or suggest a news item for our newsletter, please send an email to [communitypolicy@act.gov.au](mailto:communitypolicy@act.gov.au), or call Rebecca on 6207 6138.

## Take ACTION for free on Game Day

A new Game Day branded ACTION bus has been revealed promoting free travel from the City to Manuka Oval and GIO Stadium for all ticket holders.

Supporters of the Brumbies, Raiders, Giants and Cricket in the ACT will be able to enjoy the free service by simply producing their ticket to the bus driver.

This joint venture between the Government and sporting codes was started after community feedback over parking, traffic and availability at sporting venues. It is hoped Canberrans will take advantage of the free services to and from the games.

It's great to see the sporting codes and Government working together to ensure the success of these events in our vibrant city.

The bus services run for all home games for the University of Canberra Brumbies, Canberra Raiders, GWS Giants and identified cricket matches.

The first match supported by this service will be on Friday 4 April 2014 when the University of Canberra Brumbies take on the Blues at GIO Stadium

## AFC Asian Cup 2015 - Canberra Draws



The graphic features a red background with a stylized soccer field and stadium lights. At the top left is the AFC Asian Cup Australia 2015 logo. The main title 'COMING TO CANBERRA' is in large white letters. Below it, seven match-ups are listed on white horizontal bars, each with a date in a red circle above it. The match-ups are: Korea Republic vs Oman (Sat 10 Jan), UAE vs Qatar (Sun 11 Jan), Kuwait vs Korea Republic (Tue 13 Jan), Bahrain vs UAE (Thu 15 Jan), China PR vs DPR Korea (Sun 18 Jan), and Iraq vs Challenge Cup Winner (Tue 20 Jan). At the bottom, 'PLUS QUARTER FINAL 4' is written in red and white, with 'FRIDAY 23 JAN' below it.

**AFC ASIAN CUP Australia 2015**  
**COMING TO CANBERRA**

**SAT 10 JAN**  
**KOREA REPUBLIC VS OMAN**

**SUN 11 JAN**  
**UAE VS QATAR**

**TUE 13 JAN**  
**KUWAIT VS KOREA REPUBLIC**

**THU 15 JAN**  
**BAHRAIN VS UAE**

**SUN 18 JAN**  
**CHINA PR VS DPR KOREA**

**TUE 20 JAN**  
**IRAQ VS CHALLENGE CUP WINNER**

**PLUS QUARTER FINAL 4**  
**FRIDAY 23 JAN**

## National Days (April/May/June)

APRIL	MAY	JUNE
<p><b>04 - Apr</b> <b>Senegal</b> Independence Day</p> <p><b>16 - Apr</b> <b>Denmark</b> Queen's Birthday</p> <p><b>17 - Apr</b> <b>Syrian Arab Republic</b> National Day</p> <p><b>18 - Apr</b> <b>Zimbabwe</b> National Day</p> <p><b>26 - Apr</b> <b>Tanzania, United Republic Of</b> Union Day</p> <p><b>27 - Apr</b> <b>Netherlands</b> Official Birthday of His Majesty King Willem-Alexander</p> <p><b>Sierra Leone</b> Independence Day</p> <p><b>South Africa</b> Freedom Day</p> <p><b>Togo</b> Togolais National Day</p>	<p><b>01 - May</b> <b>Marshall Islands</b> National Day</p> <p><b>03 - May</b> <b>Poland</b> National Day</p> <p><b>08 - May</b> <b>Israel</b> National Day</p> <p><b>09 - May</b> <b>European Union</b> Europe Day</p> <p><b>14 - May</b> <b>Paraguay</b> National Day</p> <p><b>17 - May</b> <b>Norway</b> Constitution Day</p> <p><b>20 - May</b> <b>Cameroon</b> National Day</p> <p><b>22 - May</b> <b>Yemen</b> Unification Day</p> <p><b>24 - May</b> <b>Eritrea</b> Independence Day</p> <p><b>25 - May</b> <b>Africa Union</b> Africa Day</p> <p><b>Argentina</b> National Day</p> <p><b>Jordan</b> Independence Day</p> <p><b>26 - May</b> <b>Georgia</b> National Day</p> <p><b>28 - May</b> <b>Azerbaijan</b> National Day</p> <p><b>Ethiopia</b> National Day</p> <p><b>Nepal</b> National Day</p>	<p><b>01 - Jun</b> <b>Samoa</b> Independence Day</p> <p><b>02 - Jun</b> <b>Italy</b> Foundation of the Republic</p> <p><b>06 - Jun</b> <b>Sweden</b> National Day</p> <p><b>10 - Jun</b> <b>Portugal</b> Portugal Day, Camões Day and Day of Portuguese Communities</p> <p><b>12 - Jun</b> <b>Philippines</b> Independence Day</p> <p><b>Russian Federation</b> National Day</p> <p><b>17 - Jun</b> <b>Iceland</b> National Day</p> <p><b>18 - Jun</b> <b>Seychelles</b> National Day</p> <p><b>23 - Jun</b> <b>Luxembourg</b> National Day and Official Birthday of HRH the Grand Duke</p> <p><b>25 - Jun</b> <b>Croatia</b> National Day</p> <p><b>Mozambique</b> Independence Day</p> <p><b>Slovenia</b> National Day</p> <p><b>26 - Jun</b> <b>Madagascar</b> National Day</p> <p><b>27 - Jun</b> <b>Djibouti</b> Independence Day</p> <p><b>30 - Jun</b> <b>Democratic Republic of the Congo</b> Independence Day</p>